



## Events: Week of January 1, 2024

For more on resident life at Kendal on Hudson go to [www.kohresweb.org](http://www.kohresweb.org)

Mon 1/1	8:00	<b>Happy New Year!</b> <b>Movie: <i>Golden Voices</i></b> (2019, 1h 28m). Jewish couple builds career as film voice actors in USSR, then reinvents itself for jobs in Israel.	Ch 970
Tue 1/2	1:30	<b>Shopping: Tarrytown 9:30–11:00 &amp; 1:00–2:30</b> <b>Course: “Age of Revolution,”</b> instructor Prof. Edward Berenson (subscription)	GR
	8:00	<b>Movie: <i>Grand Illusion</i></b> (1937, 1h 53m). During WWI, two French soldiers are imprisoned in a seemingly inescapable fortress in Germany.	Ch 970
Wed 1/3	5:00	<b>Sip and Snack</b>	GR
	8:00	<b>Movie: <i>Cinema Paradiso</i></b> (1988, 2h 35m). Filmmaker recalls childhood, is charmed by pictures of his home village seen at the cinema and forms a deep friendship with the cinema's projectionist.	Ch 970
Thu 1/4	7:30	<b>Movie: <i>Maestro</i></b> (2023, 2h 9m). Chronicle of lifelong relationship of conductor-composer Leonard Bernstein and actress Felicia Montealegre.	GR
	8:00	<b>Movie: <i>Summer Stock</i></b> (1950, 1h 48m). Invited by ne'er-do-well sister, theater group invades homestead of small-town farmer down on her luck.	Ch 970
Fri 1/5	5:00	<b>Shopping: Thornwood 9:30–10:45; Ossining 1:00–2:15 &amp; 1:45–3:00</b>	GR
	8:00	<b>Sip and Snack</b> <b>Movie: <i>Cat on a Hot Tin Roof</i></b> (1958, 1h 48m). Reunion of alcoholic ex-football player and terminally ill father churns up memories, revelations.	Ch 970
Sat 1/6	1:00	<b>Opera: <i>The Makropulos Case</i></b> by Leoš Janáček (see p. 4)	GR
	8:00	<b>Movie: <i>Slumdog Millionaire</i></b> (2008, 2h). A Mumbai teenager is accused of cheating on the Indian version of "Who Wants to be a Millionaire?"	Ch 970
Sun 1/7	3:00	<b>Concert: Steel Passion Steel Drum Band</b>	GR
	8:00	<b>Movie: <i>Steel Magnolias</i></b> (1989, 1h 57m). Young beautician arrives in small Louisiana town, and is welcomed into close-knit group of women.	Ch 970

### KoH TV Channel 970

**Round-the-Clock:** Rue des Artistes, “Kaleidoscope”

**3:00 pm: Mon-Fri, Jan 1-5: Talk:** A Conversation About Current Free Speech Controversies, 2023

**3:00 pm: Sat & Sun, Jan 6 & 7: Great Course:** The U.S. Constitution through History

Lecture 3: Dilemmas of the Constitutional Convention

Lecture 4: The Ratification of the Constitution

**4:00 pm: Concert:** Bard College Conservatory Students with Christopher Gibbs, 2019

**8:00 pm:** Movies as listed above.

Deadline for the Jan. 8 issue of Spotlight is Wed, Jan. 3. Type or print submissions and email to:

[Spotlight@kohudres.org](mailto:Spotlight@kohudres.org) or place them with your name in the Spotlight cubby.

**Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey**

## Regular Weekly Activities

<b>Contemporary Issues</b>	Thu 10	ZOOM
<b>Drop-in Art Salon</b>	Tue & Thu 2-4	ART
<b>Fiber Arts</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Fri 2-4	CRA
<b>French Conversation</b>	Fri 3-4:30	BIS
<b>Italian</b>	Thu 11:15	GR
<b>Meditation</b>	Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm	RCR RCR
<b>Open Studio</b>	Sat 10 -12	ART
<b>Poetry Reading</b>	4 <sup>th</sup> Wed 4:00	CLE3
<b>Quilting</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Fri 2-4	CRA
<b>Spanish</b>	Fri 11:00	RCR
<b>Tuesday Morning Club</b>	Tue 10-12	GR

### **Staffed Fitness Center**

Mon–Fri, 8:30–3:30

**All classes are subject to change**

#### Fitness Classes

**Stretch & Balance:** Mon, Wed, Fri 9:30 (Zoom)

**Pilates:** Mon & Wed 10:15 & 11:15

**Resistance Bands:** Mon, Wed, Fri 12:30

**Tai Chi:** Tue & Fri 10:00

**Water Aerobics:** Tue & Fri 10:45

**Chair Yoga:** Tue 12 noon

**Zumba Gold:** Tue 2:00

**Cornhole:** Wed 1:30

**Mat Yoga:** Thu 12 noon

**Mindful Movement & Meditation:** Thu 1:15

**Pool:** Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

**Fitness Center closed Jan 1; no classes**

**Pool closed Jan 1, Jan 5, Jan 6, Jan 8, Jan 10**

### Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

**Library Catalog:**

[librarycat.org/lib/2blackcats](http://librarycat.org/lib/2blackcats)

### Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

### Services

**Blood Pressure Clinic:**

2<sup>nd</sup> & 3<sup>rd</sup> Mon, 8-noon

**Bloodwork:** Wed from 7:45 am

**Drug Take-Back Days:** 1<sup>st</sup> Mon, 9 am – noon

For additional services, call x1030.

## Locations

All in Mary Powell except CLE

<b>BIS</b>	Bistro
<b>CLE</b>	Clermont
<b>GR</b>	Gathering Room
<b>PDR</b>	Private Dining Room
<b>RL</b>	Residents Lounge (outside Bistro)
<b>RCC</b>	Resident Care Center (T level) <u>On C Level</u>
<b>ART</b>	Art Studio
<b>CRA</b>	Craft Room
<b>RAO</b>	Residents Association Office
<b>RCR</b>	Riverview Conference Room
<b>SUN</b>	Sunnyside

## Kendal Dining

Please send comments to:

[diningcomments@kohud.kendal.org](mailto:diningcomments@kohud.kendal.org)

### Bistro

**Monday – Saturday**

**Breakfast** 8:00 am-10:00 am

**Lunch** 11:30 am-1:30 pm

**Coffee and Hot Tea** 2:30 pm-3:30 pm

**Dinner** 5:00 pm-7:30 pm

### Sunday

**Brunch** 11:00 am-1:30 pm

**Formal Dining Room**

**Tuesday – Saturday**

**Dinner** 5:00 pm – 7:30 pm

### Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

**Please Be on Time!**

## Religious Services

**Catholic Mass:**

Sundays 12:15 pm GR

**Quaker Meeting:**

Sundays 11:00 am RCR

**Service of Prayers**

1<sup>st</sup> & 3<sup>rd</sup> Tuesday 1:00 pm SUN

**Shabbat Services:**

2<sup>nd</sup> & 4<sup>th</sup> Friday 4:30 pm PDR

## KoH Celebrates New Year's Eve Sunday, December 31

Special features of this year's New Year's Eve celebration include punch and light snacks from 6:30 to 8 pm in the Residents Lounge.

For those unable to attend the 8 pm show in the Gathering Room, it will be televised live to residents' apartments via Channel 970. The one-hour show, with Neighbors Entertaining Neighbors, will be produced by Muriel Fox with co-producers Bobbie Roggemann and Marian Dunn. Arthur Brady will supervise the Audio-Visual.

Bob Singleton will lead the Kendal Singers with piano accompaniment by Linda Mahoney. Singers include Jane Beers, Sylvia Hawes, Liz Laite, Nick Robinson, Rema Sessler, Norman Sissman, Jody Spellun, Hanan Watson, Sofia Wentz and Deborah Wood.



Performers include Norman Sissman, John Vacher, Bill Rakower, Pam and Chris Mitchell, Jon Masters, Mike Kornfield, Jane Hart, Carolyn Reiss, Bobbie and Peter Roggemann, Marian Dunn, Linda Mahoney and Sylvia Hawes.

At Kendal Midnight (approximately 9 pm), Annette Leyden will lower the Glistening Ball, redecorated by Sally Costa, that puts Times Square's ball to shame. We'll count down from 10 to "Happy New Year."

Marianne Bloomfeld heads the committee that's presenting us with a Caviar and

Champagne reception in the Residents Lounge immediately after the show. Sommeliers will be Edward Kasinec, Chris Mitchell, Bob Root, Bob Kutscher and Joe Kratovil.

Once again, we're encouraged to wear our most festive clothing and jewelry.

## Resident Care Center Alert

**The Resident Care Center is closed on New Year's Day, Monday, January 1, 2024.**

**Medications** that are usually taken back for disposal on the first Monday of the month, **can be dropped off** the next day, **January 2, before 12 noon.**

Kim Carpentier  
Resident Care Manager

## Sunday Concert

**Steel Passion**, the steel drum band of Christ Church in Tarrytown, returns for another lively concert on Sunday. The popular band plays in the "island" style of the Caribbean; its music ranges from calypso to pop and from jazz to classical.

Be prepared for a good time!

**In the Gathering Room, January 7, at 3 pm**



## Give and Take Table

The table will operate from **January 1, 8 am, through January 7, 4 pm**. Please drop off new and used but intact stuff (**no food, sharp objects, clothing**) on the T level of Mary Powell next to PT/OT room.

Please do no wait until the last day.

## Kendal Winter Art Show Reminder for Artists

Kendal residents and staff are invited to submit up to three works of art for selection for the Winter Art Show. Bring your original art to the Art Studio (C Level, Mary Powell Building) on **Friday, January 5, between 1 and 4 pm**.

Each piece must be labeled with:

- Artist's name
- Title of work
- Medium
- Artist's apartment number (residents) or
- Name and department (staff)
- Phone number

**Your submissions will be returned on Monday, January 8. Please pick up your work from the Art Studio between 10 am and noon on that day. Works selected for the show will be ID'd and photographed.**

**Return artwork selected for the show on Friday, January 26, by noon.**

The show will open on Wednesday January 31.

Any questions? Can't get your art to the Studio? Contact the curators:

- Peter Sibley, cubby 2112, x 1850, [one50e37@gmail.com](mailto:one50e37@gmail.com)
- Birgitta Hockstader, cubby 3213, x 1599, [geets34@aol.com](mailto:geets34@aol.com)

## Saturday Opera

We begin the year with Leoš Janáček's ***The Makropulos Case***, which focuses on longevity and the pros and cons of living for 337 years. Part grotesque human comedy, part profound personal tragedy, the opera examines the eternal mystery of human existence with uniquely life-enhancing vision.

A Glyndebourne Festival production directed by Nikolaus Lehnhoff and conducted by Andrew Davis.

**In the Gathering Room, January 6, 1:00 pm**

## Pottery Course Reminder

Florence Walker will give a free pottery course in the Art Studio on **Wednesday, January 10, and Wednesday, January 17, from 2 to 4 pm**. The course is limited to eight participants.

Any question and to register, please call x 1317 or email [florencewalker@verizon.net](mailto:florencewalker@verizon.net).



## **Trips**

### **Space Available**

**Wednesday, January 17:** New York Historical Society, NYC

### **New Trip**

**Wednesday, February 14:** Newington-Cropsey Foundation, Hastings-on-Hudson

We will visit the home and studio of the artist **Jasper R. Cropsey** (1823-1900) and the Newington-Cropsey Foundation's art gallery in nearby Hastings-on-Hudson.

Cropsey was one of the 19th century artists of the **Hudson River School of Painters**, which included **Frederic Church, Thomas Cole, Asher Durand**, and others, who were inspired by the Hudson River Valley scenery. They created the first paintings of the American landscape in a new Romantic style. These artists also travelled to Europe and painted a variety of other settings and themes.

After spending many years in Europe, Cropsey purchased a house in Hastings-on-Hudson in 1885 and lived and worked there until his death. Built in the 1830s in the Carpenter Gothic style, "Ever Rest" is on the National Register of Historic Homes. Some furnishings were designed by Cropsey; other pieces are European and Asian. The house has been maintained as it was in the Cropsey family's time.

The Newington-Cropsey Foundation was started in 1977 to preserve and display Cropsey's home and paintings.

In 1994, the Gallery of Art was completed, enabling the foundation to display more of the permanent collection of Cropsey's paintings, in addition to providing exhibition space for temporary and traveling exhibits. The new building also houses the archives of Cropsey's writings and papers as well as a small research library.



**NCF Gallery of Art, 25 Cropsey Lane  
Hastings on Hudson, NY**

We will have a docent tour of both the house and the gallery, with lunch at Maud's Tavern in between.

**KOH CALENDAR OF EVENTS – JANUARY 2024**  
(subject to change)

**Monday Evening Programs – 7:30 pm – GR**

- Jan. 1     **NEW YEAR’S DAY – NO PROGRAM**  
Jan. 8     **Alan Stahl, “The Virgin in the Garden: The Making of a Pilgrimage Site in Medieval Venice”**  
Jan. 15    **Local Charities Committee Reports**  
Jan. 22    **Residents Association Annual Meeting**  
Jan. 29    **Rebecca Bratspies, “Environmental Justice”**

**Other Events in the GR**

- Jan. 8     2:00 pm   **Residents Council Meeting**  
Jan. 14    3:00 pm   **Lecture: Charlotte von Hardenburgh, “A Dark, A Light, A Bright: The Designs of Dorothy Liebes and Shirley Wu-Zanger”**  
Jan. 25    7:30 pm   **Robert Burns Night**  
Jan. 28    2:00 pm   **Memorial Service for Susan Lichten**

**Tuesday Course – 1:30-3:00 pm – GR (subscription)**

- Jan. 2, 16, 23, 30   **“The Age of Revolution” (Instructor: Edward Berenson)**

**Sunday Concerts – 3:00 pm – GR**

- Jan. 7     Steel Passion – Steel Drum Band  
Jan. 21    Soheil Nasser, piano

**Trips**

- Jan. 17    New York Historical Society, NYC

**Saturday Operas – 1 pm – GR**

- Jan. 6     *The Makropulos Case* by Leoš Janáček  
Jan. 13    *The Flying Dutchman* by Richard Wagner  
Jan. 20    *Billy Budd* by Benjamin Britten  
Jan. 27    *Tosca* by Giacomo Puccini