

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
03/10/24	03/11/24	03/12/24	03/13/24	03/14/24	03/15/24	03/16/24
<b>Soup du Jour</b> Roasted Corn Chowder	<b>Soup du Jour</b> Black Bean (V)	<b>Soup du Jour</b> Manhattan Clam Chowder (G)	<b>Soup du Jour</b> Chicken Tortilla Soup	<b>Soup du Jour</b> Vegetable (V)	<b>Soup du Jour</b> Split Pea	<b>Soup du Jour</b> Cream Of Spinach (V)
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Prime Rib of Beef</b>	<b>Blackened Chicken Quesadilla GFA</b>	<b>Roast Beef Wrap GFA</b>	<b>Turkey Burger GFA</b>	<b>BBQ Pulled Pork On Roll</b>	<b>Kendal Pizza GFA</b>	<b>Hot Dogs GFA</b>
Served with au jus	Cajun Seasoned Chicken Breast, Peppers, Onions, & Cheddar Cheese Grilled in a Tortilla	Roast Beef with Lettuce, Tomato, Onions, & Cheddar Cheese with a Horseradish Cream Sauce	Honey mustard sauce, lettuce and tomato on a pretzel bun	Pork shoulder slow cooked till tender in BBQ sauce served on a fresh roll	Handmade Pizza's	With Sauerkraut Available
<b>Eggs Benedict</b>	<b>Stuffed Fillet Of Sole</b>	<b>Chicken Alfredo Pasta</b>	<b>Shrimp Louis Salad GF</b>	<b>The South Meets Asia Salad GF</b>	<b>Chicken Marsala</b>	<b>Flounder Oreganata</b>
Poached egg with Canadian bacon on English muffin topped with hollandaise sauce	sole with spinach, roasted peppers, onions, cheese, crumbs & oven baked.	Grilled Chicken , alfredo sauce and penne pasta	Shrimp salad in a creamy dressing garnished with cooked eggs served over mixed greens	Grilled Chicken, Black Bean + Corn Salsa, Tomatoes. Chopped romaine lettuce and queshi dressing	Chicken breast pan seared & topped with a mushroom marsala sauce.	Fillet of Flounder topped with seasoned bread crumbs
<b>Pasta Primavera</b>	<b>Southwest Vegetable Chili GF</b>	<b>Tomato, Spinach &amp; Swiss Cheese Quiche.</b>	<b>Manicotti</b>	<b>Vegetable Pot Stickers</b>	<b>Grilled Tofu Pesto GF</b>	<b>Pierogies</b>
Sliced peppers, onions, zucchini, tomatoes and spinach tossed in a light tomato velouté	Stewed Vegetables, Herbs, Spices, topped with Sour Cream, Red Onions, and Cheddar Cheese	Savory egg batter in a pie shell bake with tomatoes, spinach & Swiss cheese.	Pasta filled with Ricotta cheese & served with tomato sauce	Asian Dumplings Filled with Vegetables and Served with a Sweet Soy Sauce	Toasted Pinenuts, Sundried Tomatoes, and Balsamic Glaze	Pasta Pillows Filled with Potato, served with Onions
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Roasted Vegetables</b>	<b>Broccoli &amp; Red Peppers</b>	<b>Steamed Vegetable Medley</b>	<b>Steamed Green Beans</b>	<b>Asian Mixed Vegetables</b>	<b>Carrots</b>	<b>Corn O'Brien</b>
<b>Potatoes au Gratin</b>	<b>Onion Rings</b>	<b>Crinkle Cut Fries</b>	<b>Roasted Potato Wedges</b>	<b>Yucca Fries</b>	<b>Herb Orzo</b>	<b>Curly Fries</b>
<b>Bacon and Sausage</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Assorted Desserts</b>	<b>Blueberry Pound Cake</b>	<b>Cheesecake</b>	<b>Chocolate Chip Brownie</b>	<b>Lemon Bars</b>	<b>Sour Cream Coffee Cake</b>	<b>Tapioca Pudding</b>
<b>NSA Cheesecake</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Cookies</b>	<b>NSA Cherry Cake</b>	<b>NSA Apple Pie</b>	<b>NSA Blueberry Pie</b>	<b>NSA Cookies</b>

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	<b>Soup du Jour</b> Hearty Winter vegetable Soup (V)	<b>Soup du Jour</b> Lentil (V)	<b>Soup du Jour</b> Tortellini, Sausage and Kale	<b>Soup du Jour</b> Cauliflower and Potato Soup (V)	<b>Soup du Jour</b> Carrot and Parsnip (V)	<b>Soup du Jour</b> Chicken & Leek Soup
	<b>Special Salad</b> Spinach Salad with Apple/Cran/Walnuts	<b>Special Salad</b> Roasted Beets and Goat Cheese	<b>Special Salad</b> Classic Wedge	<b>Special Salad</b> Caprese	<b>Special Salad</b> Arugula, Sweet Potato, and Chickpea	<b>Special Salad</b> Pear and Goat Cheese
	<b>Entrees</b> <b>Orange Chicken</b>	<b>Entrees</b> <b>Stuffed Pork Lion</b>	<b>Entrees</b> <b>Beef Brisket GF</b>	<b>Entrees</b> <b>Traditional Lasagna</b>	<b>Entrees</b> <b>Confit of Duck Leg GF</b>	<b>Entrees</b> <b>Traditional Corned Beef GF</b>
	Tender piece of chicken, battered fried & tossed in a sweet orange flavored sauce	Pork Lion stuffed with apple stuffing & served with a light herb au jus	Slow cooked beef brisket with a rich brown sauce	Ground beef, ricotta cheese, Tomato sauce and mozzarella cheese layered between sheets of pasta	Cherry and Shallot Compote	
	<b>Cajun Shrimp Pasta</b>	<b>Fresh Catch</b>	<b>Mediterranean Chicken GF</b>	<b>Kendal Crab Cakes</b>	<b>Roasted Cod Provencal GF</b>	<b>Honey Mustard Chicken</b>
	Peppers, onions, spinach, garlic cream sauce with a farfalle pasta	A fresh Seafood Offering	Seared Chicken Thighs topped with Tomatoes, Artichokes. Olives and a Pan Gravy	Served with a Cajun tartar sauce.	Cod filets baked and topped with white wine, tomatoes, garlic and olives	
	<b>Vegetable Korma GF</b>	<b>Spanakopita</b>	<b>Tofu Parmesan GF</b>	<b>Stuffed Portobello Mushroom GF</b>	<b>Tunisian Vegetable Stew</b>	<b>Irish Vegetable Stew</b>
	Mixed Vegetables in an Indian Curry Sauce	Phyllo Dough with Spinach and Feta Cheese	Gluten Free Panko Breaded tofu served over tomato sauce and topped with mozzarella cheese	with Eggplant, Roasted Peppers, Tomato, Basil, and Mozzarella	Cabbage, peppers, onions, chic peas & raisins cooked in Tunisian Spices.	
	<b>Accompaniments</b> <b>Baby Bok Choy</b>	<b>Accompaniments</b> <b>Roasted Butternut Squash</b>	<b>Accompaniments</b> <b>Cut Corn</b>	<b>Accompaniments</b> <b>Sauteed Mixed Squash</b>	<b>Accompaniments</b> <b>Sauteed Swiss Chard</b>	<b>Accompaniments</b> <b>Steamed Cabbage</b>
	<b>Steamed Carrots</b>	<b>Green Peas</b>	<b>Beets</b>	<b>Steamed Broccoli</b>	<b>Steamed Peas</b>	<b>Beer Braised Carrots</b>
	<b>Basmati Rice</b>	<b>Creamy Polenta</b>	<b>Roasted Potatoes</b>	<b>Wild Rice</b>	<b>Roasted Sweet Potatoes</b>	<b>Kale Colcannon</b>
	<b>Desserts</b> <b>Rocky Road Chocolate Cake</b>	<b>Desserts</b> <b>Fresh Fruit</b>	<b>Desserts</b> <b>Toasted Almond Cake</b>	<b>Desserts</b> <b>Apple Pie</b>	<b>Desserts</b> <b>Crème Brulee</b>	<b>Desserts</b> <b>Bailey's Irish Cream Cake</b>
	<b>NSA Cherry Pie</b>	<b>Sugar Free Apple Cake</b>	<b>NSA Chocolate Cake</b>	<b>NSA Jell-O</b>	<b>NSA Cherry Cake</b>	<b>NSA Desserts</b>