

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>05/05/24</b>	<b>05/06/24</b>	<b>05/07/24</b>	<b>05/08/24</b>	<b>05/09/24</b>	<b>05/10/24</b>	<b>05/11/24</b>
<b>Soup du Jour</b> Split Pea (V)	<b>Soup du Jour</b> Vegetable Barley (V)	<b>Soup du Jour</b> Mexican Chicken Tortilla	<b>Soup du Jour</b> Beef & Cabbage	<b>Soup du Jour</b> Chicken & Rice soup	<b>Soup du Jour</b> Manhattan Clam Chowder (G)	<b>Soup du Jour</b> Chicken Mulligatawny Soup
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Poached Salmon</b>	<b>Mediterranean Chicken Wrap GFA</b>	<b>Turkey Club Wrap GFA</b>	<b>Salmon Burgers GFA</b>	<b>Grilled Chicken Pesto Panini GFA</b>	<b>Kendal Pizza GFA</b>	<b>Cuban Sandwich</b>
Poached with Jullian Vegetables	Grilled Chicken Breast, Kalamata Olives, Feta, Lettuce, Tomato, Purple Onion, & Greek Vinaigrette, in a Pita Shell	Sliced Turkey, Bacon, Lettuce, Tomato, & Mayonnaise in a Wrap	with Avocado Aioli, Lettuce, Tomatoes, on a Whole Grain Bun	Grill Chicken Breast with Roasted Peppers, Mozzarella, Lettuce, Tomato, Pesto & Mayo on a Ciabatta roll	Handmade Pizza's	Pulled Pork, Sliced Ham, Swiss Cheese, Sliced Pickles, Mustard on a Fresh Baked Roll
<b>Eggs Benedict</b>	<b>Meatballs</b>	<b>Mojo Pork Roast (GF)</b>	<b>Catch of the Day</b>	<b>Beef Tacos GFA</b>	<b>Chicken Wings (GF)</b>	<b>Egg salad Over Mixed Green</b>
Poached Egg, Hollandaise, Canadian Bacon, on an English Muffin	Meatballs Cooked in a Tomato Sauce	Pork Shoulder Marinate with Latin Herbs & Spices	Preparation Changes	with Lettuce, Tomatoes, Cheddar Cheese, Sour Cream, and Salsa, in a Soft Flour Tortilla	Marinated with Herb & Garlic	Egg Salad Served Over Mixed Greens with Tomatoes, Cucumber & Red Onions
<b>Fusilli Primavera</b>	<b>Quinoa and Roasted Vegetable Ragout GF</b>	<b>Tofu Stir Fry Vegetables</b>	<b>Grilled Vegetable Tower</b>	<b>Vegetable Lasagna</b>	<b>Stuffed Portobello Mushroom GF</b>	<b>Vegetable chili</b>
Spiral Shaped Pasta Tossed with Mixed Vegetables & Garlic.	Mixed Roasted Vegetables in a hearty thick Sauce	Napa Cabbage, Peppers, Onions, Broccoli, Baby Corn, Edamame Beans, in a Stir Fry Sauce	Grilled Eggplant, Zucchini, Peppers, Yellow Squash, and Fontina Cheese	Spinach, Mushrooms, Ricotta Cheese Layered with Tomato Sauce and Pasta Sheets	Grilled Portobello Mushroom Topped with Spinach, Onions, Roasted Peppers, and Sliced Mozzarella Cheese	Mixed Vegetables with Beans in a Tomato Chili Sauce.
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Green Beans</b>	<b>Chef's Blend Vegetables</b>	<b>Coleslaw</b>	<b>Roasted Zucchini</b>	<b>Steamed Corn</b>	<b>Green Beans</b>
<b>Haricot Verts</b>	<b>Spaghetti</b>	<b>Steamed White Rice</b>	<b>French Fries</b>	<b>Potato Salad</b>	<b>Crispy Potato Wedges</b>	<b>Kendal Potato Chips</b>
<b>Lyonnaise Potatoes</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Assorted Desserts</b>	<b>Blueberry Pound Cake</b>	<b>Lemon Bars</b>	<b>Brownies</b>	<b>Snicker Doodle Cookies</b>	<b>Raspberry Pound Cake</b>	<b>Carrot Cake</b>
<b>NSA Apple Pie</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Blueberry Cake</b>	<b>NSA Lemon Cake</b>	<b>NSA Jell-O</b>	<b>NSA Cookies</b>	<b>NSA Cherry Pie</b>

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>05/05/24</b>	<b>05/06/24</b>	<b>05/07/24</b>	<b>05/08/24</b>	<b>05/09/24</b>	<b>05/10/24</b>	<b>05/11/24</b>
	<b>Soup du Jour</b> Minestrone (G)	<b>Soup du Jour</b> Parsnip and Sweet Potato (V)	<b>Soup du Jour</b> Shrimp and Corn Chowder (G)	<b>Soup du Jour</b> Black Bean (V)	<b>Soup du Jour</b> Three Onion and Farro	<b>Soup du Jour</b> Red Lentil (V)
	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>
	Spinach Salad with Apple/Cran/Walnuts	Roasted Beets and Goat Cheese	Classic Wedge	Caprese	Arugula, Sweet Potato, and Chickpea	Pear and Goat Cheese
	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
	<b>Grilled Shrimp Caesar Salad</b>	<b>Traditional Meat Loaf</b>	<b>Filet of Sole</b>	<b>Thai Chicken Curry</b>	<b>Lamb Burgers</b>	<b>Chicken Sorrentino</b>
	Shrimp Over Romaine Lettuce, Topped with Croutons and Shaved Parmesan	Ground beef, Bread Crumbs, Onions, Seasoning and a Ketchup Glaze	Lightly Floured and Sauteed to Order Served with Lemon Butter Sauce	Chicken Thighs, Toasted Spices, Coconut Milk and Potatoes	Ground Lamb, Feta Cheese, Seasonings on a Potato Bun	Breaded Chicken Cutlet with Roasted Eggplant, Prosciutto & Fontina Cheese Served in a Tomato Sauce
	<b>Mediterranean Chicken GF</b>	<b>Braised Pork Shanks (GF)</b>	<b>Chicken Cordon Blue</b>	<b>Steak Sandwich</b>	<b>Fresh Catch</b>	<b>BBQ Ribs GF</b>
	Chicken Thighs, Green Olives, Lemons, Fresh Cilantro, Toasted Spices	Bone in Pork Shanks Slow Cooked with Aromatic Vegetables & Mushroom.	Breaded chicken Stuffed with Swiss Cheese & Ham. Served with Mornay Sauce	Grilled Beef Tenderloin Tips with Onions & Sautéed Mushroom Served over Italian Bread	A Fresh Seafood Offering	Slow Cooked Ribs with a Tangy BBQ Sauce
	<b>Quinoa and Corn Cakes</b>	<b>Mung Bean &amp; Vegetables Stew</b>	<b>White Bean and Sundried Tomato Gnocchi</b>	<b>Sweet and Sour Tofu</b>	<b>Lentil Stuffed Portobello Mushrooms GF</b>	<b>Sweet Potato and Black Eye Pea Stew GF</b>
	Served with a Pico Di Gallo	Mung Beans Stewed with Mixed Vegetables in Moroccan Spices & Coconut Milk.	White Beans, Sundried Tomatoes, Spinach, and Gnocchi in a Light Creamy Vegetarian Velouté	Crispy Tofu Tossed with Peppers, Onions, and Pineapples in a Sweet and Sour Sauce	Lentils, Tomatoes. Gluten free Breadcrumbs and seasonings Baked on a Portobello Mushroom	Sweet Potatoes, Peas, Tomatoes, Jalapenos, and Kale
	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
	<b>Sauteed Spinach</b>	<b>Garlic Green Beans</b>	<b>Asparagus</b>	<b>Baby Bok Choy</b>	<b>Steamed Broccoli</b>	<b>Corn on the Cob</b>
	<b>Red Beets</b>	<b>Steamed Vegetable Medley</b>	<b>Roasted Parsnips</b>	<b>Onion Rings</b>	<b>Sautéed Carrots</b>	<b>Traditional Coleslaw</b>
	<b>Roasted Sweet Potatoes</b>	<b>Cheddar &amp; Chives Mashed Potatoes</b>	<b>Farro Risotto</b>	<b>Basmati rice</b>	<b>French Fries</b>	<b>Roasted Potatoes Wedges</b>
	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
	<b>Memphis Drizzle Cake</b>	<b>Strawberry Rubharb Pie</b>	<b>Fresh Fruit</b>	<b>Tiramisu</b>	<b>Key Lime Pie</b>	<b>Watermelon</b>
	<b>NSA Chocolate cake</b>	<b>NSA Apple Pie</b>	<b>NSA Cheesecake</b>	<b>NSA Lemon Cake</b>	<b>NSA Blueberry Cake</b>	<b>NSA Cherry Pie</b>