

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/03/22	07/04/22	07/05/22	07/06/22	07/07/22	07/08/22	07/09/22
Soup du Jour Shrimp Bisque (contains Gluten)	Soup du Jour Gaspacho (V)	Soup du Jour Chicken Vegetable	Soup du Jour Tuscan Bean Soup (V)	Soup du Jour Hot and Sour Soup	Soup du Jour Minestrone (V)	Soup du Jour Southwestern Pork Soup
Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
	Shrimp Cocktail					
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Cedar Plank Salmon GF	Sausage and Peppers GFA	Ham and Smoked Gouda Sandwich GFA	Italian Combo GFA	Thai Beef Lettuce Wraps GF	Kendal Pizza GFA	Grilled C.B.T Sandwich GFA
Honey Mustard Glazed with a Tomato Caper Relish		Herb Aioli on Grilled Sour Dough Bread	Salami, Cappicola, Pepperoni, Roasted Red Peppers, Tomato, Provolone Cheese, Lettuce, Italian Dressing on a Fresh baked Roll	Beef, Pickled Daikon, Carrot, and Cucumber wrapped in lettuce	Handmade Pizza's	Cheddar, Bacon and Tomato on White Bread
Eggs Benedict Florentine GF	Hamburgers and Hotdogs GFA	Cajun Shrimp Pasta	Chicken Piccata	Chicken Asado GF	Oven Roasted Cod GF	Chicken Fingers
Sauteed Spinach, Classic Hollandaise Sauce		Parmesan Cream Sauce, Onons, Peppers, Celery, Tomatoes, and Spinach	Lightly Floured Chicken Breast with a White Wine Caper Sauce	Stewed Chicken with Onions, Peppers, Tomatoes, Potatoes, and Filices	Served with a Lemon Caper Sauce	With Honey Mustard and BBQ Sauce
Omlete Station	Black Bean Burger	French Onion Quiche	Linguine Primavera	Vegetarian Pancit	Suffed Portabella Mushrooms GF	Cheese Ravioli
		Caramelized Onions and Gruyere cheese, and Egg cutard baked in a Tart Shell	Broccoli, Zucchini, Squash, Carrots, Onions, Tomatoes, Garlic, Fresh Basil, Extra Virgin Olive Oil	Noodles, Tofu, Asian Mixed Vegetables, Fried Eggs, Stir Fry Sauce	Spinach, Tomatoes and Provolone Cheese with a Tomato Coulis	Tomato Cream Sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Corn on the Cob	Green Beans	Steamed Broccoli	Baby Bok Choy	Pacific Blend Vegetables	Steamed Carrots
Asparagus	Baked Beans	Sweet Potato Chips	Garlic Bread	White Rice	Oven Roasted Potatoes	French Fries
Saffron Rice	Cole Slaw					
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts *	Celebration Cake	Lemon Pound Cake	Snickerdoodle Cookies	Fresh Berry Chia Pudding	Crumb Cake	Chocolate Chip Brownies
NSA Lemon Meringue	NSA Apple Pie	NSA Strawberry Short Cake	NSA Cinnamon Swirl	NSA Jello	NSA Cookies	NSA Blondie

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		Soup du Jour Pasta Fagiola (V)	Soup du Jour Indian Shrimp & Coconut Soup	Soup du Jour Spring Vegetable Soup (V)	Soup du Jour Connecticut Clam Chowder	Soup du Jour Chicken, Sausage and White Bean
		Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
		Classic Wedge	Asian Baby Kale	Kendal Spring Salad	Caprese salad	Citrus Salad
		Entrees	Entrees	Entrees	Entrees	Entrees
		Spring Lamb Ragout Slow Cooked Lamb with Pappardelle Pasta	Herb and Garlic Roasted Chicken Marinated chicken thighs, finished with a mustard white wine sauce	Bourbon Glazed Steak Bites GF Cubed Beef, Onions, Peppers, and Mushrooms with a Bourbon Glaze	Fish Cakes GF Remoulade Sauce, and Fried Leeks	Sesame Chicken Lightly battered chicken, tossed in a sesame garlic sauce
		New England Baked Cod GF Light Shellfish Velouté, Aromatic Vegetables, Chopped Bacon	Roasted Pork Loin GF Spice Rubbed Tender Pork, Black Bean and Mango Salsa	Catch of the day	Asian Ribs Slow cooked Ribs with a Soy ginger sauce	Mojo Shrimp GF Sauteed Shrimp with Orange Juice, Lime Juice, Garlic and Herbs
		Vegetable Pancakes GFA Served with Dill Yogurt	Pesto Pasta and Beyond Beyond "Meat" Sundried Tomatoes, Pine Nuts, Shaved Parmesan Cheese	Tofu Stir Fry Tofu, Asian vegetables, and a stir fry sauce	Asparagus, Onion & Goat Cheese Tart Vegetables and goat's cheese cooked in a tart shell	Vegetable Moussaka Eggplant, Potatoes, Lentils, Tomatoes Bechamel Sauce
		Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
		Steamed Asparagus	Vegetable Chiffonade	Sauteed Spinach	Baby Bok Choy	Stir Fry Vegetables
		Baby Carrots	Broccoli	Grilled Vegetables	Asian Slaw	Steamed Cauliflower
		Barley Pilaf	Mashed Yukon Gold Potatoes	Steamed Rice	Vegetable Fried Rice	Jasmine Rice
		Desserts	Desserts	Desserts	Desserts	Desserts
		Key Lime Pie	Strawberry Short Cake	German Chocolate Cake	Housemade Peach Crisp	Tiramisu
		NSA Jell-O	NSA Chocolate Pudding	NSA Chocolate Cream Pie	NSA Apple Pie	NSA Cherry Pie

Vegetable Gumbo (V)

Entrees

BBQ Chicken GF

Bone-In chicken roasted and basted in BBQ Sauce

All American Burger GFA

Potato Roll, Lettuce and Tomato with swiss, american or cheddar cheese

Butter Bean and Roasted Tomato Ragout GF

Butter beans, roasted tomatoes, and aromatic vegetables

Accompaniments

Steamed Broccoli

Corn on the Cob

Potato Salad

Desserts

Apple Pie

NSA Blueberry Pie