



**KENDAL ON HUDSON  
RESIDENTS ASSOCIATION  
ANNUAL REPORT  
2022**

*1010 Kendal Way  
Sleepy Hollow, NY 10591*

**RESIDENTS ASSOCIATION ANNUAL REPORT  
TABLE OF CONTENTS**

**FINANCIAL REPORT**

**CHAIR'S REPORT**

**STANDING COMMITTEE REPORTS**

Association Budget Committee  
Budget Advisory Committee to Kendal on Hudson Consultation Committee  
Election Committee  
Fundraising: Annual Appeal  
Fundraising: Staff Appreciation Fund  
Investment Committee  
Local Charities Committee

**ACTIVITIES COMMITTEE REPORTS**

Archives Committee  
Art Committee  
Audio/Visual Committee  
Bell Ringers  
Chorale  
Common Areas Furniture & Art (CAFA)  
Computer Committee  
Co-Pilot Program  
Dining Advisory Committee  
Education Committee  
Environmental Stewardship (Recycling)  
Fiber Arts Group  
Health and Wellness  
Horticulture Committee  
Kendal View  
KoH TV Channel 970  
Library Committee  
Loss Committee  
Low Vision Help Committee  
Movies Committee  
Music Committee  
Opera Committee  
Social Events Committee  
Spotlight Committee  
Transportation Advisory Committee  
Trips Committee  
Website Committee  
Welcoming Team

## CHAIR'S REPORT 2022

**Executive Committee:** Chair: Hank Schacht  
Vice Chair: Victor Zonana  
Treasurer: Peggy Pennell  
Secretary: Aubrey Hawes

**Members:** Stan Amberg, Art Brady, Lynn Clague, Gretchen Engler, Jennifer Gardy, Maria Harris, Peter Seldin, Mary Alice Walker, Hanan Watson. The year 2022 was filled with the process of finding out how best to move to the unknown of “new normal.” It has been a bumpy ride but seems to be smoothing out a bit as we draw near the end of 2022.

The Council has been busy during the year dealing with many issues. Several stand out:

1. In the early part of the year, the general public was exhibiting a great deal of anxiety as we started to open up from a year of COVID lockdown. And KoH did not escape the anxiety. The symptoms were short tempers, quickness to take offense, a sense of me vs. we, etc. KoH had some of the same issues. In response to concerns, the Council adopted a suggestion from Gene DuBow and formed a “Group of Eight” with four respected senior residents and four of the KoH CEO’s direct reports. The Group met in private and after several meetings produced a set of recommendations designed to bring residents and administration together in a variety of venues. The recommendations were widely adopted and helped reduce the pressure.

2. One of the basic pieces of information is “where do we stand competitively.” To answer that question, the Administration commissioned a Marketing Study from a firm specializing in doing this for residential communities. The study produced several very important conclusions.

First, KoH is the leader in the catchment area in providing all four levels of care for those looking for that type of retirement community. Second, there are enough potential future residents to sustain KoH. Third, however, KoH facilities are aging and looking dated; if this is not quickly fixed, KoH will lose its leading market position. That led to the commissioning of an architect to “Refresh the Common Spaces,” including dining and IT in those spaces. A committee of residents (including Council members), the Administration, and a representative from Kendal Corporate was formed. Under the guidance of the architect visits were made, groups of residents were interviewed, etc. A very preliminary first draft of a plan was produced and presented to the resident body. Several groups raised concerns about particular parts of the presentation. Under the guidance of Vice Chair Victor Zonana, meetings were held with each of the groups and their concerns were catalogued and passed on to the Administration and the architects. These concerns are being addressed in the planning now taking place.

3. One of the issues that needed to be addressed was “Roles and Responsibilities” at KoH. As that became apparent, the Administration, working with the Council, arranged a presentation by the KoH Board that outlined the roles of the various parties. A quick summary: the Board is responsible for policy and for hiring the CEO. The Administration, led by the CEO, is responsible for executing the policy, and the Residents Council is responsible for managing activities (Statutory Committees, Activities Committees, informal groups, etc.) and making sure the Administration is aware of resident concerns when carrying out their day-to-day activities. This clarification has been very important and has reduced the confusion re who is responsible for what.

4. Building on this, the Council has introduced a new orientation program for all new residents. Among the many points covered is this definition of roles and responsibilities. And it introduces the new residents to the many activities available. Among the various modules is an explanation of how money is raised to finance resident activities, who raises it, and how it is allocated. The orientation also deals explicitly with the concept of “resident run”; what it means and what does it not mean. The Administration has now introduced its own new orientation program to describe how it operates, what it is responsible for, etc. (Both these activities were recommendations from the Group of Eight.)

5. One of the Statutory Committees of the Council is the Budget Advisory Committee. It is the major interface with the Administration re the Administration’s CFO. This group, led by the Council’s Vice Chair, was especially active in providing input to the 2023 plan and the inflation challenges, and held briefing sessions for various parts of the resident community.

6. As we head toward the end of the year, many of the signs are pointing to the community adjusting to a “new normal.” New activities have been introduced and widely attended, concerts and lectures have resumed and are drawing large crowds again, attendance at the dining activities has improved, people are traveling, etc. While COVID is still with us and long COVID is an issue, we seem to be adapting at an encouraging rate..

7. The 2023 Council has been chosen. Two current Council members and five newcomers join the returning six members to form the new Council, and, following the Bylaws, a new Executive Committee has been named.

8. 2023 Council: The Executive Committee consists of Chair Gene DuBow, Vice Chair Hildegard Gray, Treasurer Hank Schacht, Secretary Chris Mitchell. Members are Lynn Clague, Jennifer Gardy, Maria Harris, Aubrey Hawes, Bob Kutcher, Jon Masters, Bob Root, Peter Seldin, and Hanan Watson. John Masters is completing the second year of Victor Zonana’s term in 2023.

## **ASSOCIATION BUDGET COMMITTEE**

**Chair:** Arthur Brady

**Members:** Hank Schacht, ex officio

**Purpose/Scope:** Per the Association By-Laws, the Association Budget Committee prepares the budget for the Residents Association upon receiving the budget request for each Activities Committee from that committee's Chair.

The Association Budget Committee, together with the Treasurer, monitors expenditures for each Activities Committee to assure that Association funds are spent in accordance with the budget.

After consultation with each of the individual committee chairpersons, and working with the Association's bookkeeper and Executive Committee, the Association Budget Committee developed the Association's 2021-22 budget which was submitted to and approved by the Residents Council in December 2021. Throughout the year, the budget has remained in balance.

Since new Council representatives will now start their term in January, 2023, a new budget for 2023 will be prepared by a new Committee in January, after the January 9 meeting of the Residents Council. The new Association Budget Committee chair will be a member of the Residents Council, appointed by the Council Chair in consultation with the Treasurer. He or she will request an annual budget from the Chair of each Activities Committee. From these individual budgets, the Residents Council budget will be prepared.

## **BUDGET ADVISORY TO KoH COMMITTEE**

**Chair:** Victor Zonana

**Members:** Jeff O'Donnell (Treasurer & member); Edith Litt, Janet Schloat, Pat Taylor

**Ex officio:** Hank Schacht, Residents Association Chair; John Sorice, KoH Board Member

**Purpose/Scope:** The Budget Advisory Committee to Kendal on Hudson met quarterly with the Kendal on Hudson Executive Director and/or the Chief Financial Officer regarding Kendal on Hudson's finances and may suggest modifications and/or additions to the Capital and Operating Budgets. It is the major interface with the Administration re the Administration's CFO. This group, led by the Council's Vice Chair, was especially active in providing input to the 2023 plan, the inflation challenges, and held briefing sessions for various parts of the resident community.

## RESIDENTS CONSULTATION COMMITTEE

**Chair:** Mary Alice Walker

**Members:** Jacky Cummings, Eugene DuBow, Jennifer Gardy, Jackie Wilke

**Purpose:** The Residents Consultation Committee is responsible for receiving and handling the issues and concerns of KOH residents in a timely manner.

Issues that the Committee considers of general relevance to the community are brought to the Council for discussion and disposition. Issues that are sensitive in nature are treated with complete confidentiality and anonymity.

Follow-through may include bringing the issue to Council, taking it up with Administration, referring it to a relevant Residents Association Committee, or just discussion with individuals involved — whatever is appropriate to the situation.

During the past year, only three concerns were brought to the Committee, all of which were resolved. The low number may be because, due to the Pandemic, many issues were handled by Council deliberations. As regulations for the pandemic were lifted, a general letter was sent to all residents informing them about the Committee, its purpose, and how it might be useful to them. Two presentations were made to new residents.

## ELECTION COMMITTEE

**Chair:** Janet Schloat

**Members:** Fran Kelly, Annette Leyden, Susan Lichten, Dennis Mallach, Joe Bruno, Deb Wood (Secretary)

### **Committee Purpose:**

The Election Committee manages the recruitment and election of candidates running for the six open seats or the seven open seats on the Council in that year. The Committee ensures that a fair election and fair count of ballots is held each year.

### **Committee Activities in 2022:**

To prepare for the 2022 Election, the Committee met for the first time on June 9<sup>th</sup> to review our purposes and role. In 2022, there were 7 seats open for election, with 3 current Council members eligible to run for a second term. The goal of the Committee was to recruit 10-12 candidates to run for the open seats. Committee members began active recruitment in June.

It was stressed that all Committee members should be available during the week of October 17-24, and specific assignments were given to each Committee member.

In 2022, 13 candidates filed Intent to Run forms. Their biographical information was distributed to residents in mid-September. Throughout the entire Election process, timely notices and reminders were placed in Spotlight and periodic reports were given to the Residents Council.

In preparation for Election Week, a large poster with photographs of the candidates was displayed on Main Street. Candidates' Night was held in the Gathering Room on Monday, October 17, with Janet Schloat as moderator. Each candidate was given up to three minutes to speak, monitored by Dennis Mallach as timekeeper. The program was broadcast live on Channel 970 and replayed during the week.

On October 19 and 20, voting took place in the Residents' Lounge from 5-7 PM. Ballots were counted on October 21, after which the results were shared with the CEO of Kendal on Hudson and the Chair of the Residents' Council. The names of those elected were announced via bulletin board posters and on the large candidates' poster on Main Street. Newly elected members are: Gene DuBow, Jennifer Gardy, Hildegarde Gray, Maria Harris, Bob Kutscher, Chris Mitchell, and Bob Root.

The Committee completed its 2022 work with a meeting on December 1st, at which the Election process was reviewed and critiqued. The Chair of the Committee will maintain the voting results and ballots for one year. The Chair of the Council will also keep the vote count for one year. Those newly elected will take their seats on January 11, 2023, at the first regular meeting of the Residents' Council in the new year.

## **FUNDRAISING COMMITTEE - ANNUAL APPEAL**

**Committee:** Gretchen Engler, Chair; Suzanne Adel, Muriel Fox, Mary Alice Walker

**Purpose/Scope:** The Annual Appeal Fundraising Committee will solicit funds from the residents to support the activities of the Council, Standing Committees, and the various Activities Committees. A portion of the funds raised to support the activities of the Residents Council and Activities Committees shall be reserved for charitable giving in the neighboring community in accordance with Kendal values and practices.

A box for donations was placed on the Lobby Desk and the Appeal was publicized with posters and notices in *Spotlight* and the residents website. Letters were distributed to cubbies. Donations were carefully tracked and promptly deposited with Finance. After two weeks, committee members followed up with those who had not yet made their donation.

As a result of the grace and persistence of committee members, at the end of the month 228 individuals had contributed...over 86% of Independent Living residents.

## **FUNDRAISING COMMITTEE - STAFF APPRECIATION FUND**

**Chair:** Maria Harris

**Members:** Jacky Cummings, Eugene DuBow, Jane Hart.

**Purpose/Scope:** The Staff Appreciation Fundraising Committee will solicit funds from the residents twice a year as a way of showing residents gratitude for the efforts of the staff in accordance with Kendal on Hudson's no-tipping policy.

Since the tradition at Kendal is a strict no-tipping policy, twice a year, we reward Kendal's employees, those we see and those behind the scenes, with Staff Appreciation Fund appeals. Proceeds are divided among the staff by virtue of a formula based on the number of hours worked during the period of six months each.

During each appeal, more than 96 percent of residents donated to each drive. Several contributions came with thank-you notes and cards noting the importance of staff to each resident at Kendal. Some residents gave more than the recommended amount, showing their willingness to support the staff as they are able. All contributions create a feeling of a community that is rooted in Quaker Values: Simplicity, Peace, Integrity, Community, Equality and Stewardship (SPICES).

We are deeply indebted to Kendal's CFO, Jean Eccleston, and her staff, particularly Olga Linetski, for assuming the responsibility of identifying eligible staff, including and calculating the number of hours worked that led to each staff member's check amount from the total donated by the residents for each appeal. During celebratory gatherings, the checks were distributed. The Staff Appreciation Fund has been a meaningful way to assure staff members how much the roles each staff has is truly appreciated by Kendal residents, a community that cares.

### **Significant Decision and Plan for 2023:**

A temporary subcommittee was formed last year to review the parameters/guidelines of distributing the funds. After careful consideration of the policy, it was decided the policy with guidelines and parameters that is currently used is equitable, so the subcommittee was disbanded. That is, staff's check depends on how many hours worked during the six

months in the time frame of the appeals (December-May and June-November). Therefore, the subcommittee was dissolved.

**Conclusion:**

Residents' responses, verbally and via notes, to the Staff Appreciation Fund appeals, expressed how fortunate we are to be in the Kendal-on-Hudson Community. Not only do we appreciate the beauty of our surroundings, but have a terrific staff that keeps the "wheels well oiled and running" as smoothly as possible.

## **INVESTMENT COMMITTEE**

**Committee Members:** Hank Schacht: Acting Chair, Robert Kutscher, Tom Kramer, Peter Seldin, Tom Wolzien, Jim Wood

**Purpose/Scope:** The Investment Committee is charged with investing the Association's funds which are not required for current operations, as determined by the Treasurer. The Investment Committee shall have the authority to select and make investments for the Residents Association in accordance with the investment guidelines approved by the Council.

The main event of the year was the transfer of Investment Managers from Friends Fiduciary.

**Background:** Friends Fiduciary was not a "registered advisor" and the previous committee had decided correctly that a move was required.

**Process:** After consultation with numerous sources, the Committee decided to select Haverford Trust. Haverford Trust manages the accounts of KOH and was recommended by Jean Eccleston the KoH CFO who oversees the Trust. Haverford Trust also was recommended by several others with whom we consulted. In addition one of our Committee members, Jim Wood, knew them well. The benefit of Haverford is that they know KOH well, various parts of KOH know them well and they agreed to take us on as part of the KOH relationship. A very important fact: our account is very small compared to the KOH account; and it is very doubtful that any other firm of Haverford's size and known competence would take such a small account. Haverford also agreed to charge the same % fee as KoH. The transfer was made in May.

Because the Committee felt that our current Investment Policy statement and resultant Asset Allocation needed review and updating, and given the uncertain state of the markets that we would instruct Haverford to invest the cash equivalents which turned out to be quite fortuitous.

The Committee asked Haverford for a draft Investment Policy and a resultant Asset Allocation, which they provided. After several meetings and some discussion a new Investment Policy and Asset Allocation was recommended to the full Residents Council as per the Bylaws. The draft was approved at the November 14, 2022 Council meeting.

Haverford's implementation plan is to move from all cash equivalents to the approved 50% stocks/50% bonds over three tranches; this averages out the initial cost basis rather than trying to pick a time.

We chose a relatively conservative allocation percentage since we do not know with any certainty what future cash needs may cause a draw on the account as well as a reaction to the continued turmoil in the markets.

The Committee will review the Investment Policy and Asset periodically. In summary, as stated in the Policy: "The Fund's real total return will be sought from an investment strategy that provides an opportunity for inflation-adjusted total returns within acceptable levels of risk and volatility."

## LOCAL CHARITIES COMMITTEE

**Chair:** Harriet Barnett

**Vice Chair:** Barbara Bruno

**Members:** Marilyn Bottjer, Sally Kellock, Susan Lichten, Ruth Singleton, Nancy Schacht

**Mission:** To recommend to the Residents Council worthy tax-exempt organizations serving the residents of Tarrytown and Sleepy Hollow and an allocation to each of a portion of funds raised through the Council's Annual Appeal.

It has given me great pleasure to once again serve as the Chair of the Local Charities Com. Barbara Bruno did a great job as Vice Chair and took over many of the responsibilities. The Committee reached out to worthy tax-exempt local charities and invited them to submit a proposal for a specific project with which we could help financially. The groups are roughly divided into two categories, those that serve us directly, and those that serve other residents of Sleepy Hollow. As you know, Sleepy Hollow is a very diverse community with many of its citizens needing financial and other help.

We met first to decide which organizations we would approach, based on their missions and eligibility and sent letters in January inviting them to submit proposals.

Responses were received from 16 organizations. Their projects were all worthwhile. The committee met and decided which projects we would support.

We thank the residents for their contributions since the more you give, the more we have to share with our Sleepy Hollow/Tarrytown Community. The recipient organizations appreciate your generosity and hold Kendal on Hudson in high regard.

## RESIDENTS ACTIVITIES COMMITTEE REPORTS ARCHIVES COMMITTEE

**Chair:** Edward Kasinec

**Members:** Gretchen Engler, Fran Kelly

The Archives Committee, created by founding resident Juanita Carmi when Kendal opened in 2005 and dormant for six years, was reinstated as a Residents Council Activities Committee in 2022.

In October 2020, the then "ad hoc" Archives Committee was charged by the Residents Council with developing an Oral History program, the goal of which was to capture in "word and image" the historical memory of a sampling of the founding KoH residents and staff. After vetting several professional oral historians in our area, "Sound and Story" was engaged for this project in the summer of 2021. The project, including the production of a moving 8-minute video commissioned by KoH Marketing, was concluded in January 2022.

"Sound and Story" presented the Archives Committee with two digital files of the video interviews, one preservation-quality copy (now on deposit with the Westchester County Historical Society Archives) and one smaller access copy, now housed in the onsite RC Archives. In addition to the video, the project included 20 founding resident and staff interviews with edited written reports and a log (retrieval index) to the written interviews, now bound, indexed, and housed in the onsite RC Archives.

As an adjunct to the project, a notebook was compiled containing articles on KoH's formation and ongoing history, as told in *Kendal View* articles and other published sources. The notebook is housed in the Library.

In September 2022, the Residents Council approved our becoming a full Corporate Patron of the Westchester County Historical Society (WCHS). By the end of 2022, we plan to relocate about 6 linear feet of Kendal founding/historical documents and a map cabinet to WCHS where they will be properly stored and available to qualified researchers.

The Committee is also looking into the feasibility of digitizing documents such as the *Kendal View* and *Spotlight*, of which we have complete collections. The goal is to ensure the proper care and preservation of KoH historical documents, to make these materials available to the Kendal community and beyond, and to reduce the Archives "footprint" in the Hudson Room, which also houses other activities.

## **ART COMMITTEE**

**Co- chairs:** Lynn Brady/Peter Sibley  
**Interim Secretary:** Carlisle Spivey  
**Treasurer:** Jackie Wilke  
**Publicity:** Peter Sibley  
**Exhibition Coordinator:** Lynn Brady  
**Historian:** Priscilla Holmgren

**Members at Large:** Mary Lou Alpert, Emil Bahary, Judy Baker, Sheila Benedis, Harry Bloomfeld, Lynn Brady, Gretchen Engler, Nancy Frieden, Barbara Gochman, Jane Hart, Priscilla Holmgren, Ann Lasusa, Maggie Limburg, Shelley Robinson, Peter Sibley, Bix Smethurst, Carlisle Spivey, Catherine Trapasso, Mariet Van der Heide, Jackie Wilke, Shirley Wu Zanger.

**Mission:** To facilitate and inspire creative expression for personal enjoyment and community enrichment.

**Finances:** Our programs are supported by an allocation from the Residents Association. Income also comes from sale of note cards produced by Art Committee members, fees collected for workshops given by outside teachers, and shelf rentals for storage of individuals art.

**Activities** - 2022 was a very productive year. We had bi- monthly meetings, January to December. Activities include the following: we use a well-equipped Art Studio with built in air filter, open 24/7. We have had three resident art exhibitions this year. Classes were taught by residents and outside teachers. Our Saturday Open Studio offers an opportunity to work with others and with a resident advisor. Art Talk is a show and tell for those seeking constructive feedback. We also have a dropin Art Salon for those resident artists who wish to work together without an advisor.

Gretchen Engler, co-chair of the Art Committee resigned on August 31 after 4 years of dedicated service. She accomplished many creative activities and made many improvements in the business area.

### **Accomplishments in 2022**

- January - A calligraphy class by a resident artist.
- February- A box-making workshop and a second calligraphy workshop by resident artists. We began a 6 month weekly Art class given by an outside teacher and funded by the Resident's Association.
- March- Paul Jeffries, an outside teacher returned for his drawing and watercolor series.
- April -The Art Show, Kaleidoscope opened with a reception.
- May- An outside teacher did a 2 session workshop on drawing and painting a memory. The committee also submitted their position on the Master Plan.
- June- Planning was begun on the Sleepy Hollow Cultural Art Exhibit.

- July- A 2-part pottery workshop was given by a resident artist. 6 residents also attended an Art Talk formerly called Critique.
- September-Polish Poster Exhibit, curated by a resident artist opened in the Art Studio (formerly called the Art Room). Another pottery workshop was held. 9 artist residents participated in the Sleepy Hollow Cultural Festival Art Exhibit in Kingsland Point Park.
- October - Work on the new Art Show.
- November - A new Show, "The Real and the Imagined" opened on the Rue des Artistes. 9 resident artists participated in the River Arts Studio tour. Classes on card making were given by a resident artist. Pottery Workshop Part 2 was led by a resident artist.
- December- Homemade cards were sold to the residents.

**In 2023**, the Art Committee is looking forward to another productive year of workshops, Art Shows and other events related to Art with a new slate of officers and new ideas. We hope to attract more people interested in doing Art as well as people who will help with the running of our programs—"New People."

## **AUDIO-VISUAL COMMITTEE**

**Chair:** Arthur Brady

**Members:** Joe Bruno, Sheila Darnborough, Eugene DuBow, Fran Kelly, Bob Kutscher, Jack Miller, Jeffrey O'Donnell, Marcia Sprules.

**Mission:** To provide and maintain the operation of Audio-Visual equipment in support of the Resident Activities Committees, primarily in the Gathering Room, although not limited to such. Normally a trained member of the committee is present at each event and assists by setting up and operating the A-V equipment.

Before the pandemic shut-down, the A-V Committee assisted a number of other Kendal committees, including: Education, which sponsors weekly lectures and classes as well as the Great Decisions discussions; Loss, which assists families with memorials; Social Events, which sponsors the Fourth of July and New Year's Eve Programs.

The A-V Committee works with the Channel 970 Committee during these events. Most events are recorded on one of the two Sony video cameras. Videographers include Sheila Darnborough, Eugene DuBow, Jack Miller, and Bob Kutscher. The videos are then copied to DVDs and are telecast on Channel 970. We look forward to welcoming additional resident volunteers to assist us in our mission.

A "new" ceiling camera was installed in the Gathering Room during Project Renew. It is operated by a dedicated iPad, which is stored in the 970 room. Eventually, this camera may replace the Sony video cameras which currently record events in the Gathering Room.

This new video technology is not only for the Gathering Room but also for the PDR and for the Clearwater Dining Room.

Our total AV system needs to be updated. The screen does not always descend properly; it is partially torn and will jam. We were just informed that a new screen has been ordered. We hope that it will arrive soon.

Another problem with our A-V equipment is the projector. The projector bulb blows out at least once a year. This usually happens during a program. We have no spare bulbs; nobody here seems to know how to replace the bulb. A newer projector can tell us before a bulb is about to blow out.

Both Kendal's Administration and Resident Committees rely heavily on the A-V system in the Gathering Room. We hope that it can continue to function properly to meet all our needs.

## BELL RINGERS

**Co-chairs:** Peggy Pennell and Shelley Robinson

**Ringers:** Jane Beers, Barbara Bettigole, Dot Bone, Alice Clague, Cynthia Ferguson, Sharry Lukach, Peggy Pennell, Shelley Robinson, Jody Spellun, Deb Wood

**Director:** Eiko Cornelius

**Mission:** To provide an opportunity for amateur ringers to play hand bells using a variety of techniques and to enjoy making music in this unique way. In the future, we hope to become skilled enough to provide regular recitals for the community.

Eiko Cornelius, our conductor, continues to introduce us to new techniques that vary the sounds of the bells, as well as to new music. We meet weekly on Wednesdays at 11:00 am, from mid-September to early June. We encourage all to come and listen to a rehearsal and of course to join us in ringing!

## CHORALE

**Board:** Bob Singleton, Chair; Deb Wood, Treasurer  
Sylvia Hawes, Norman Sissman, Jody Spellun; Members-at-Large

**Singers:**

Doris Appleby,	Camille Hopkins,	Marcy Shover,
Jane Beers,	Liz Laite,	Bob Singleton,
Dot Bone,	Sandy Lamb,	Norman Sissman,
Alice Clague,	Art Lukach,	Jody Spellun,
Barbara Doss,	Chris Mitchell,	Don Stever
Marian Dunn,	Charlie Persell,	Hunan Watson,
Naomi Gross	Nick Robinson	Sofia Wentz,
Sylvia Hawes,	David Sampliner,	Deb Wood,
Keiko Hirano,	Rema Sessler,	
Priscilla Holmgren,	David Shover	

**Director:** Nell Macdonald

**Mission:** To make the joy of choral music available to everyone, and thus to enrich the life of the community.

There are two opportunities for Kendalites who like to sing: a traditional chorus for those who can read music, carry a tune, and attend weekly rehearsals to prepare for the semi-annual concerts. The second is the Sing-alongs, for anyone who wishes to sing in a more informal way. In 2022 we had three Summer Sing-alongs in the Lounge in June and July conducted by Sue Anderson on the piano, and in August by Deb Wood on her guitar.

We are rehearsing — still with masks — for our next concert on Monday, February 27, 2023. We traditionally give two concerts a year. Our two concerts in 2022 were performed to full houses on February 28 and October 10.

Our excellent piano accompanist, Mark Mitchell, suffered a wounded hand just before the October 10th concert and had to be replaced. Sue Anderson stepped in at the last minute and provided an astonishingly good accompaniment. To our director Nell, who knows how to choose and conduct a varied program of music that Kendalites enjoy, we expressed our thanks with a bouquet of roses.

Our efforts after every concert to invite new members to join us are generally quite successful. We are happy to have six new members: Hunan Watson, Priscilla Holmgren, Liz Laite, and Don Stever, who along with Barbara Doss is a resident of the outside community.

## COMMON AREAS FURNITURE AND ART (CAFA)

**Chair:** Marilyn Bottjer  
**Treasurer:** Barbara Bettigole  
**Secretary:** Marianne Bloomfeld  
**Members:** Mary Lou Alpert, Barbara Gochman, Ann Holloway, Betty Morefield, Jan Myers, Nancy Schacht, Bix Smethurst

**Mission:** To help provide as welcoming, attractive, interesting, and comfortable surroundings as possible in our many shared use spaces. To this end we place resident-donated or loaned pictures, furniture, and decorative accessories, as well as art bought with funds from the Residents Association in lobbies, corridors, and functional rooms throughout the four buildings.

The Committee meets the third Thursday of the month at 4 pm in the Residents Association Office on the C level of Mary Powell. All residents are welcome to attend.

### Some important reminders:

- Residents should not rearrange, add, or remove any furniture, lamps, pictures, plants, or other decorative objects in public spaces (Main Lobby, Residents Lounge, elevator lobbies and main corridors). Suggestions for such should be brought to the CAFA Committee.
- Residents may put whatever they please in their own doorway niches and on the shelf next to the door but may **NOT** place anything in hallways without consulting CAFA.
- CAFA Committee members will assist in placing and hanging pictures on walls adjacent to a Resident's apartment. Neighbors should be consulted over appropriate choice and placement of art.
- In areas where residents do not have pictures to hang on walls near their apartments, the CAFA Committee can assist by using other residents' donations or art purchased with funds from the Residents Association.
- Plants: CAFA oversees the acceptance and placement of indoor plants that residents donate to public areas. Individuals who would like to put plants in an elevator lobby should check first with CAFA. Donors are responsible for watering and caring for plants, as well as providing a suitable saucer or other container that protects tables and other surfaces from water damage.

## COMPUTER COMMITTEE

**Chair:** Joe Bruno  
**Members:** Stan Amberg, Amelia Augustus, Emil Bahary, Ginny Bender, Arthur Brady, Joe Bruno, Sheila Darnborough, Eugene DuBow, Cynthia Ferguson, Hildegard Gray, Aubrey Hawes, Lillian Hess, Jeff O'Donnell, Peggy Pennell, Caroline Persell, Roberta Poupon, Ann Marie Schneeman, Frances Slote, Carlisle Spivey, Marcia Sprules, Julie Stewart, Catherine Trapasso, Tom Wolzien.

**Mission:** The Computer Committee has been in operation since the opening of Kendal in 2005. Its mission is to help residents solve their issues with information technologies or start on the road to digital literacy, with workshops and one-to-one coaching.

### Activities for 2022:

1. Maintained the computers and printers in the resident computer room and the library. Several members performed this task.
2. Several committee members continued to help individual residents with their computers, smart phones, tablets, scanners, and printers, although due to Covid, much of the help was remote, or was referred to staff member, Anthony Bradford.
3. "Zoom neighbors" continued, although less needed over time.
4. Several members volunteered to help the Resident Website committee with their tasks.

5. Several members volunteered to help residents troubled with Catie or Catie web, and established an "Ask Catie" program.
6. Arranged donation of a 3D printer, and sponsored a workshop about it. The printer is set up for use in the resident computer room. Future training will be held. At least one resident has already printed a 3D object.
7. Several members met with the firm contracted to be the CIO, and have given feedback to some of the CIO's proposals.

#### **Planned Activities for 2023:**

1. Continue to offer digital assistance to residents, although more when Anthony is not working, does not have the time, or cannot fix.
2. Continue workshops for residents.
3. Re-institute group hands-on help sessions, when Covid dies down.
4. Continue to maintain the resident computers and printers at KoH.
5. Replace some older equipment.
6. Continue recycling print cartridges.
7. Set up more formal training and instructions for 3D printing.
8. Continue to wipe old hard drives and recycle old computers to non-profits or staff.
9. Support those working on the Resident Website.

### **CO-PILOTS PROGRAM**

**General Coordinator:** Gretchen Engler

**Day Coordinator:** Lillian Hess

**Night Coordinator:** Jane Hart

**Mission/purpose:** To provide a companion service to Independent Living residents going to Phelps emergency room.

After a 3-year interruption caused by COVID, the Co-Pilots Program was resurrected. It once again became operational on June 1, 2022.

Thanks to the generous counsel of Norman Sissman, former Co-Pilots coordinator, as well as help of various kinds from Ellen Ottstadt, Bert Pepper, and Fran Kelly, the program was put back together over a period of 4 months. Jane Hart and Lillian Hess came on board as Night Coordinator and Day Coordinator respectively. We began planning and recruiting in late February 2022. We approached "opening day" with 45 volunteers. We bought new phones for Day and Night shifts and established general procedures. On May 19, 2022 we held an orientation to go over our mission and our procedure with volunteers. Handouts included a statement of our purpose, duties, and answers to frequently asked questions.

From June through November there were 7 calls requesting Co-Pilot services. Reports were filed with Norman Sissman, who continues to keep records of each incident. Simple statistics are kept by the Committee.

During August, Gretchen held lunchtime get-togethers in the Bistro. The 10-14 residents who attended each week discussed their experience, concerns, and suggestions. These informal meetings led to certain innovations and the first "formal" meeting of the Program on October 14, 2022 at which Co-Pilots reviewed our mission, policy, and procedures and agreed to meet regularly.

COVID continues to present challenges, but the dedicated group remains committed to fulfilling its mission.

### **DINING ADVISORY COMMITTEE**

**Chair:** Margo Berger

**Members:** Betty Albertson, Cynthia Amberg, Stan Amberg, Amelia Augustus,

Hank Berger, Alice Clague, Gretchen Engler, Cynthia Ferguson,  
Muriel Fox, Muriel Hahn, Maria Harris, Annette Leyden, Peter Limburg  
Jan Myers, Ludlow (Bix) Smethurst, Simone Thornber, Hanan Watson

**Mission:** To provide a channel of open communications between Kendal residents and Dining Services. The Committee interfaces with Dining Services to achieve optimum food preferences and food service for Kendal residents. This year the Committee met monthly except August to review resident dining comments, to discuss observations on food and service and to develop agenda topics for our meetings with Dining Services Management. Residents were invited to OPEN Meetings to exchange comments, suggestions and questions with key Dining Services Managers

*Safe Dining* for residents and staff continued as a top priority in response to the ebb and flow of COVID. Cafeteria-style dining in the Bistro was continually available for open seating and take-out. Reserved seating was available in the FDR Tuesday - Saturday. The 'traffic plan' created for residents in 2021 to pick up salads, desserts, hot food and beverages remained. The three Community Tables in the Bistro were frequented by longer-term and new residents.

### **Highlights:**

- Theme & Holiday Dinners: St. Patrick's Day, Valentine's Day Cocoa Service, Easter Brunch, Mother's Day, Father's Day, Passover Seder, Lobster Dinner, Rosh Hashanah, Yom Kippur, Oktoberfest. The 12/31/21 New Year's Dinner was celebrated with an elegant and delicious dinner on 3/24/22.
- Wine & Cheese Receptions in the Gathering Room on Wednesdays and Fridays were re-named as Sip & Snack. 'Parties' for residents celebrating birthdays were an added monthly feature.
- Robot Roameo was introduced in the Bistro to assist Dining Staff in the transfer of used tableware to the Kitchen.
- Menus: Executive Chef, Cliff Saladin, introduced new soups, salads and expanded the varieties of fish/seafood, chicken, beef, pork, vegetarian entrees on the dinner and luncheon menus. The menu cycle was extended from four to five weeks to increase menu variety for residents.
- Fresh fruit for dessert was successfully featured twice per week in place of cakes and pies made with sugar. NSA desserts remained a daily choice.
- Dining Services sponsored three seminars on Nutrition presented by registered dietician/nutritionists: *The My Plate Diet for Seniors, The Mediterranean Diet, The M.I.N.D. Diet, and Cholesterol: The Good, The Bad, The Ugly.*
- **The CATIE System** introduced in each resident's apartment featured:
  - each week's luncheon and dinner menus and the Always Available Menu
  - the Open Table Reservation System for FDR reservations.
- Pamela Klapproth joined the Committee for an active discussion following the Committee's viewing of an encore presentation of Strategic Solutions Advisors Group Marketing Study of the Continuing Life Care Communities Competitive to KoH.
- The significant increase in the cost of food in 2022 made it necessary for Dining Services to add surcharges to steak and salmon, two very popular selections on the Always Available Menu.
- The Committee submitted a proposal to Fred Coppola, Director of Dining Services, to consider two changes in the Administration's vacation meal credit policies to be effective in 2023: 1) The dollar credit assigned to each missed meal 2) The number of required days of absence for eligibility to receive vacation meal credits. Discussions on the proposed changes are ongoing.

## Issues to Follow in 2023 with Dining Services

- **Nutrition Program for IL Residents:** To participate in creating objectives for Dining Services' new Nutritional Program introduced in 2022 with educational programming. The Committee places high value on the evaluation of KoH menus and recipes by a registered licensed dietician/nutritionist familiar with the changing nutritional needs of seniors.
- **Accurate Menu Nutritional Labeling**
  - Serving counts for Calories, Na, Fat, Protein, Sugar
  - To alert residents with food allergies and sensitivities.
- **Expand Opportunities for Resident Input and Information Exchange with Dining Services** through Committee-sponsored quarterly OPEN Meetings and more frequent resident use of *diningcomments@kohud.kendal.org*
- **Orientation for New Residents:** Ensure accuracy in communication of dining programs at KoH through periodic meetings with the Welcome Committee.
- **Sustainability & Recycling:** Explore with Dining Services and Environmental Stewardship Committee means to reduce costs related to the marked increase in dining take-out packaging.
- **Improve Resident Traffic Flow in the Bistro:** ensuring consistent availability of Dining Staff to direct residents waiting for *Prepared to Order* items to move directly to the Hot Food Line.
- **Expand CATIE applications** with *Dining Bulletins* for Menu Changes/Additions.
- **The Declining Points Meal Plan:** a 'preview' from Dining Services of the full plan design to include comparative Information from other Kendals that have adapted the plan.
- **A la Carte & Guest Meal Price Posting:** Residents request posting of this information near the Bistro.
- **Active engagement with Administration's Plans for the Redesign of KoH Dining Facilities.** Important features to Incorporate for Dining: Kitchen Redesign, Outdoor Dining, Coffee/Cappuccino, Grab 'n Go area, Internal Access to Patio Area.

**In Appreciation** – The Committee extends its appreciation to Fred Coppola, Executive Chef Cliff Saladin, Sous Chefs Eddie Diaz and Sherve Simeon, Luis Javier, Jorge Paez and to the entire Dining Services Team for working with the Committee through another challenging year! Despite the effect of Inflation on the cost of food, residents continued to enjoy a hospitable dining environment and delicious menus. Resident satisfaction is always 'top of mind' and we look forward to meeting the challenges of 2023!

## EDUCATION COMMITTEE

**Chair:** Fran Kelly

**Members:** Barbara Bettigole, Llyn Clague, Nancy Frieden, Ellen Lagemann, Priscilla Liebowitz, Edith Litt, Harry Phillips, Michael Rapaport, Nick Robinson, Robert Root, Peter Seldin, John Sorice, Carlisle Spivey, Jim Wood, and Geraldine Mahoney who joined the committee in 2022.

**Mission:** To provide opportunity for intellectual stimulation through lectures, short-term courses, seminars, and discussion programs. This year, the committee welcomed Nick Robinson, Bob Root, and Carlisle Spivey to its membership and accepted, with deep thanks, the resignations of Nancy Schacht and Jerry Trupin.

### Lecture Program

Since Kendal opened in 2005, the Education Committee has sponsored more than 650 presentations, generally held on Monday evenings. Topics include: politics, world affairs, environmental issues, science, astronomy, architecture, art, literature, music, education, social and national issues, film, theater, and local history.

Our 2022 speakers included:

Tracy Brown, *Riverkeeper*; Nick Robinson, *Rebuilding International Cooperation to Conserve our Planet*; Frances Wills, *Is there a new normal in education?*; Ken Frieden, *Jewish Humor*; Susan Todd, *Wings over Water*; “Inside Kendal on Hudson: Peter Seldin; Joshua DiPaola, *Invasive Species*; Roger Lowenstein, “Ways and Means – Lincoln and His Cabinet and the Financing of the Civil War”; Llyn Clague, *Unruly Rhythms: Toward a New Poetry*; Patrick Raftery, *Touring Westchester County*; Chris Letts, *Pajama Fish and the Big Red Barge*; James Smethurst, *Black Arts Movement in the South*; Peter Kaufman, *Changing Minds: Technology, the Sociology of Knowledge, and Russian Literature*; Thomas James, *Outward Bound*; Matt Ganis, *History of Telescopes*; Constance Kehoe, *Westchester Revolutionary War Sites*; Kevin Carter: *Teatown Lake Reservation*; Barbara Davis, *Norman Rockwell’s Westchester*; Muriel Fox, *The Birth of the Women’s Movement*; Margo Stever & Susanna Case, *I Wanna Be Loved by You* (Marilyn Monroe poems); Suzanne Clary, *Jay Heritage Center*; Henry Neale, *Westchester Parks 100<sup>th</sup> Anniversary*; Antoinette Klatzky, *Women in Leadership*; Anthony Czarnecki, *Looking Back at FDR’s 24 Public Appearances in Westchester County*; Cynthia Andersen, *Hudson River School of Painting*; Paul Olsen, *Westchester Geology*; Nancy Gibbs, *Our Information Emergency: News, Noise and How Can Anyone Know What To Believe Anymore*; Barbara Davis, *Westchester Authors, Westchester Settings*; Ben McGrath, “Riverman, An American Odyssey”; Pace University Documentary Students “Tide to Table: The Remarkable Journey of Oysters,” Charles Bettigole, *Seeing the Forest AND the Trees*; and Markham O’Keefe, *My Experiences in Ukraine*.

In addition, two “Inside Kendal on Hudson” sessions featuring residents discussing their pre-Kendal lives were held in March and October.

### **Courses – January 2022-December 2022**

In 2022, the committee sponsored 9 courses. Due to the pandemic, several were held via Zoom; the rest were live in the Gathering Room.

<i>Four People Who Shaped History</i> (Edward Berenson) Zoom	January
<i>Cezanne, Father of Modern Art</i> (Jill Kiefer) Zoom	February
<i>American Musicals</i> (Meg Bussert)	March
<i>Future Shock and Culture Shock</i> (Yoel Magid) Zoom	April
<i>Three Centuries of Musical Revolutionaries</i> (M. Boriskin)	May
<i>New Hollywood Cinema</i> (Michael Cramer)	June
<i>Irish Literary Traditions</i> (Kate Farrington)	July
<i>Dostoevsky&amp; Tolstoy on the “Russian World”</i> (Nina Straus)	September
<i>The Strongmen Era</i> (Marjorie Miller)	October/November

### **Resident-led Small-Group Seminars**

Llyn Clague led two 4-week poetry seminars: May: *Eight European Poets: Goethe, Brecht, Mayakovsky, Yevtushenko, Milosz, Symborska, Prevert, and Brodsky*; October: *Six American Poets: Whitman, Eliot, Stevens, Pound, Williams, and Hughes*.

Nancy Frieden led two Russian literature seminars: February: *Russia in the Time of Chekhov*; November/December: *Alexander Pushkin (1860-1904)*.

### **Resident-led Discussion Programs**

The eighth Domestic Issues Discussion Program was held in 2022. Topics included: *Climate Change*, led by Nick Robinson; *Putin’s Russia*, led by Stan Amberg; *The Quad Alliance*, led by John Cannon; *Changing Demographics*, led by Ed Hanin; and *Biden’s Foreign Policy*, led by Hank Schacht. Plans for the 2023 Great Decisions program are underway.

## ENVIRONMENTAL STEWARDSHIP COMMITTEE

**Chair:** Ursula Hahn

**Members:** Jane Beers, Barbara Bettigole, Laura Burkhardt, Maria Harris, Annette Leyden, Norman Sissman, Martin Smolin, Deborah Wood, Claire Koh resigned from the committee earlier this year and Gloria Lewit on November 29. Laura Burkhardt joined in October.

**Mission:** The Environmental Stewardship Committee is committed to furthering Kendal's environmental stewardship of conservation, sustainability and leadership as outlined in the brochure Kendal Values and Practices. It continues to promote "reduce- reuse- recycle" by residents and encourage staff to commit to recycling. The committee urges reduction in the use of plastics and of energy and supports the use of renewable energy sources and measures to lower interior and exterior pollution. The recycling goals have been substantially affected.

**Sorting/Recycling:** As a corporation Kendal on Hudson is not served by the Sleepy Hollow sanitation department and must hire its own trash hauler. As mentioned in last year's report, a new company was taken under contract in 2021, which collects only cardboard for resale and co-mingles recyclables at collection time, asserting that there is no market for them any longer. However, residents are required to continue to sort recyclables and trash as defined by the law. This deplorable change has impacted the residents' efforts at recycling in a major way. They are being urged to comply through notices in Spotlight. The decision of the Department of Dining Services to offer the green recyclable take-out containers and purchase new ones was greeted with enthusiasm.

**Renewable Energy/Solar Panels:** On his own initiative, Martin Smolin pursued efforts to acquaint management with the effectiveness of solar panels, and management responded by including funds in the 2022 budget, and again in the 2023 budget, to explore the feasibility of energy savings by these means. In the meantime, Norman Sissman and new member Laura Burkhardt have joined these efforts. To date, no action has been reported to the committee and the residents at large.

**Clothing Collections:** Residents responded very generously to two clothing drives to benefit the National Foundation of the Blind and Midnight Run in Dobbs Ferry. Clothes were also collected for the Community Wardrobe of the Horsemen PTA, an umbrella organization of the Sleepy Hollow and Tarrytown PTAs, which provides indigent local families with clothing free of charge. We thank Maria Harris, Jeff O'Donnell and Wayne Richter for their assistance in making these events a success.

**Future Plans:** The committee intends to explore the feasibility of two projects:

- (1) Collection of kitchen scraps and garden waste as a pilot program.
- (2) Conversion of a flat, overgrown site on Kendal's southern periphery (between path to Sleepy Hollow Manor and "water hole") into a pollinator meadow.

## HEALTH AND WELLNESS COMMITTEE

**Chair:** Jennifer Gardy

**Members:** Cynthia Amberg, Stan Amberg, Rita Benzer, Barbara Bettigole, Dorothea Bone, Llyn Clague, Joseph Costa, Eugene DuBow, Barbara Gochman, Barbara Schainman, Catherine Trapasso, Hanan Watson

**Health Services:** Lisa Wacht, Liaison

**Mission:** To support our residents' physical, emotional, social, spiritual and intellectual well being.

To this end, we establish programs designed to support and enhance the quality of life of independent living, assisted living and nursing care residents. We arrange educational programs and lectures on related subjects of interest to them and provide conduits for mutual assistance and support during times of need. We work in close coordination with the Health Services Department, which includes the Resident Care Center, the Fitness Center and Pool, and the Outpatient Physical Therapy facility. We have a special interest in the Tuesday Morning Club, the Friday Morning Club, and the Co-Pilot Program.

This year, under H&W sponsorship, Dr. Kandarappallil gave two excellent talks on the significance of various types of memory loss and dementia. She also spoke about end-of-life issues including hospice and palliative care, and how the health regulations concerning these differ at the various levels of living at Kendal. Joe Sullivan, Director of PT, continued his Discovery series lectures with discussions of maximizing attention and memory, the importance of proper hydration, improving core strength and balance, and ways to boost one's sense of wellbeing. Jessica La Corte, Supervisor of Audiology at Phelps Hospital, discussed living with hearing impairment and the importance of addressing hearing loss to avoid social isolation. Lisa Wacht, our Health Services Administrator, gave an in-depth discussion of Kendal's Emergency Response System.

The Committee addressed issues of safety (grab bars in showers) and mutual support (a new dementia care givers' group) referred to us by concerned residents.

The Co-Pilot Program was successfully relaunched under the overall supervision of Gretchen Engler, with Lillian Hess and Jane Hart supervising days and nights respectively.

We are in an ongoing discussion of how to socially integrate Assisted Living residents with the general community more successfully and how to encourage their participation in IL events, while ever mindful of their diverse needs and capabilities. The Health Care Service is planning tours of Adirondack for IL residents to familiarize them with the facilities and available programs. The H&W Committee went on the first tour and by consensus declared it highly successful and also very reassuring as we all contemplate the possibility of our own future relocation.

As the Covid pandemic has evolved, state mandates have lifted and Kendal's activities are returning indoors and are more crowded, we are planning a program to remind residents of our personal responsibility for making decisions about masking, spacing, eating together and other safe practices. We are looking for an appropriate speaker in the public health field.

A theme running through our discussions is how to involve our many new residents in our activities and how to reignite in all of us the Kendal volunteering spirit.

## **HORTICULTURAL COMMITTEE**

**Officers:** Peter Limburg, Chair, Anna Mae O'Leary, Treasurer and Vice Chair; Janet Schloat, Secretary

**Membership:** (As of September 30, 2022)

Barbara App	Sirkka Barbour	Hank Berger
Barbara Bettigole	Selma Clark	Nancy Frieden
Maria Harris	Ellen Lagemann	Annette Leyden
Peter Limburg	Linda Mahoney	Shirley Miller
Anna Mae O'Leary	Peter Roggeman	Cynthia Sammis
Iris Sampliner	Dianne Schlair	Uriel Schlair
Janet Schloat	Peter Seldin	Fran Slote
Marcy Shover	Mary Alice Walker	Anne White
Valerie Wolzien	Susan Yao	

We are fortunate not to mourn the deaths of any members this year. Three members have become inactive. Two new members have joined. Three members have temporarily retired.

**Mission** To promote knowledge and love of gardening. Our goals are to enhance the environment of the Healing Garden; to support residents in cultivating the ten raised planters on the Terrace overlooking the Hudson; and to act as the eyes and ears of the Director of Facilities, calling his attention to problems we notice around the campus. We work with the landscape contractor in a consultative capacity, in close collaboration with KoH management. We are also happy to advise residents on their plantings on their balconies and patios.

**Meetings:** Meetings were held in March, April, May, June, September, October, and November, with the valuable participation of Bob Michael or other representatives of Facilities. At these meetings Bob or his representative report on the work done on campus by Facilities and future plans. They entertain questions and comments from members. We also discuss expenditures and the work in the Healing Garden and the Terrace planters.

**Achievements:**

**THE HEALING GARDEN:** The most significant developments in the Healing Garden this year were the replacement of the non-functioning irrigation system under the direction of Facilities ; the construction of a new shed for storing tools and materials; and repair by our dedicated volunteers of the damage unavoidably caused by the power washing and painting of the walls. Throughout the growing season, the volunteers performed the unglamorous but necessary work of weeding, pruning, deadheading, and watering to supplement the new irrigation system. Over 100 ornamentals were planted, including 55 Hostas and ferns to cover heavily shaded areas and others to replace those destroyed or damaged by the work crews. Annuals will need to be replaced seasonally, a yearly expense.

A professional horticulturist was engaged to consult periodically with the Healing Garden subcommittee and to assist with tasks too difficult for the volunteers.

Also of note was the garden party given by the volunteers with the excellent support of the Kitchen. This event was very well attended, and attendees were very enthusiastic. We hope it will encourage residents to visit this lovely and serene, hidden retreat.

**THE WALKAROUNDS:** The monthly walkarounds instituted by Bob Michael continued this year from April through October. These walks were led by Bob Michael and Gjekote Curanaj with a representative from BrightView. On the walks Bob and the BrightView representative explained the plans for the public planting spaces, including lawn care, and entertained comments and questions from members. Bob always asks us to keep an eye out for things that need attention. It is a fruitful cooperation.

**THE TERRACE:** The ten Terrace planters were created for residents who love the hands-on work of gardening. Some plant flowers; others plant vegetables and herbs. Planters can be shared by two or more individuals. Those assigned a planter sign a contract to plant, water, weed, and fertilize their assigned planters and clean them up in the fall. The Kitchen gave up its barely used planter, which a resident filled with lovely flowers. One planter produces a variety of herbs for all residents' personal use. The remainder are left to the personal choices of their holders and are much appreciated by visitors to the Terrace and by the Marketing Department.

**OTHER:** At our final meeting consensus was reached on requesting estimates for a comprehensive landscape plan from independent landscape architects. A petition to the Residents' Council is currently being prepared.

## KENDAL VIEW

<b>Editor:</b>	Pat Taylor
<b>Managing Editor:</b>	Llyn Clague
<b>Editorial Staff:</b>	Eugene DuBow, Doris Eder, Muriel Fox, Hubert Herring, Edith Litt, Norman Sissman
<b>Photography Editors:</b>	Arthur Brady, Caroline Persell, Richard Schneeman
<b>Advertising:</b>	Peter McCuen, Director, Carolyn Klinger, Assistant
<b>Kendal View Index:</b>	Fran Kelly

**Mission:** *Kendal View* is published by and for residents six times a year. It reflects the varied, busy life found at Kendal, with original articles and photography that cover a wide spectrum of subjects. The magazine has been published without interruption for seventeen years since September, 2005 – four months after KoH opened its door.

A staff of thirteen meets regularly to work on an upcoming issue. In 2022, two staffers – Deborah O’Keefe and Sue Phillips – resigned, each having served most competently as both staff writers and proofreaders. New residents who have joined the staff include Hubert Herring, formerly with *The New York Times*, as a staff writer, Richard Schneeman as a Photography Editor (who alternates on the choice of covers with Arthur Brady and Caroline Persell), and Carolyn Klinger as assistant to Advertising Director Pete McCuen.

Four covers in four color grace every issue of KV and four-color shots are used to accompany articles in the sixteen-page editorial section, which offers such diverse material as interviews of residents and staff, reminiscences, local history, poetry and essays. Articles are either submitted by residents or assigned to staff writers.

Advertising from local merchants and professional organization run in the last eight pages of each issue. Income from twenty-two advertisers in 2022 covered all costs, including printing. A surplus from ad revenues has been donated annually to the Residents Association since the magazine’s beginning.

*Kendal View* has a print run of 340 copies per issue. It is distributed in all Independent Living cubbies, to Adirondack residents, and to senior staff members. Copies are also placed in the staff recreation room, the Archives, the Kendal Library, and the Wellness Center. In addition, the magazine is used as a selling tool by the Marketing Department, with a standing order of twenty-five copies to give to prime prospects. A copy of each issue is mailed to advertisers.

## LIBRARY COMMITTEE

<b>Co-Chairs:</b>	Suzanne Adel and Sally Kellock
<b>Secretary:</b>	Gretchen Engler
<b>Treasurer &amp; Tech Support:</b>	Peggy Pennell
<b>Training:</b>	Suzanne Adel
<b>Carousel Chair:</b>	Lynn Brady/Valerie Wallace since October
<b>Assistants:</b>	Rita Benzer, Ann Root, Suzanne Sadler, Mary Alice Walker
<b>Special Collections Managers:</b>	Sally Kellock and Gretchen Engler
<b>Desk Volunteers and Floaters:</b>	Barbara Bettigole, Priscilla Blakemore, Jo Cameron, Jacky Cummings, Joan Curry, Eugene DuBow, Nancy Frieden, Jennifer Gardy, Ed Hanin, Lillian Hess, Keiko Hirano, Ellen Lagemann, Susan Lichten, Maggie Limburg, Claire Limmer, Helen Lowenstein, Shirley Miller, Chris Mitchell, Gwen Moffat, Chao Pan, Marge Phillips, Roberta Poupon, Aruna Raghavan, Ann Root, Dianne Schlair, Ruth Singleton, Frances Slote, Marcy Shover, Betty Smith, Alice Weinstein.

**Mission:** The library is open at all times, and residents can borrow books by filling out yellow slips. From Monday to Friday, 10 am to 12 noon and 2 pm to 4 pm, a volunteer is available to provide information and assistance. Through an arrangement with the Warner Library, residents can also borrow books from the Westchester County system. Our goal: to maintain an excellent collection that is useful and up to date with a simple circulation system that all residents can use with ease.

**Accomplishments in 2022:**

1. Added 152 new books through donations and purchases, including 36 large-print volumes.
2. Added some 15 new mysteries/thrillers to the Special Collection.
3. Continued association with the Warner Library (access to the Westchester County Library System). During the past year, Kendal residents borrowed more than 1,000 books and DVDs through the Warner.
4. Screened donated books and DVDs/CDs.
5. Periodically weeded the collection to keep it fresh, and donated books we could not use to Better World Books, which supports worldwide libraries and literacy.
6. Updated the catalog to remove missing or culled books.
7. Culled the carousels and added new donated paperbacks.
8. Welcomed and trained six new desk volunteers.
9. Provided additional orientation and software training to others.
10. Updated the information circular on the library for distribution to new residents.
11. Continued reorganizing Special Collections and familiarizing residents with them through items in Spotlight.
12. Continued to offer duplicate and other donated books to residents at \$1 each. Proceeds have been used toward purchase of books and essential office supplies.
13. Welcomed young children and their families from Sleepy Hollow to listen to Harriet Barnett read Halloween stories in Spanish and enjoy milk and cookies.

**Plans for 2023:**

1. Continue most of above activities, plus
2. Look for ways to improve the library's usefulness to newer, younger residents (Boomers)

**LOSS COMMITTEE**

**Chair:** Jeff O'Donnell

**Members:** Betty Albertson, Dot Bone, Joe Costa, Ed Hanin, Gloria Lewit, Susan Lichten, Sue Phillips, Mariet Vander Heide, Jim Wood, Ellen Ottstadt, Administration

**Mission:** The Loss Committee sponsors an annual memorial service for residents who have died in the preceding year and assists families plan appropriate memorial services for their loved ones. It distributes informative materials to families of deceased residents.

The initiative to create a document to help residents plan for their passing, help their family understand their wishes, assist them in dealing with the deceased resident's affairs, and access to their technology was completed. This was done with the extensive help of Ellen Ottstadt.

The Committee organized and participated in the tenth Annual Memorial Service held by the Residents Association by Zoom from the Gathering Room on February 6, 2022. Ed Hanin and Jim Wood read the names and short biographies of those residents we lost during 2021, while their photographs were displayed on the screen. The committee thanks Fran Kelly for creating the slide show for the Memorial Service. Several memorial services were held during the year with members of the Committee acting as ushers where needed. The Loss Committee thanks Betty Albertson, Susan Lichten, and Sue Phillips for their years of service and welcomed Gloria Lewit to the committee.

## LOW VISION HELP COMMITTEE

**Chair:** Amelia Augustus

**Co-Chair:** Sara Cook

The limitation of space provided for this report requires a mere listing of the innovations and accommodations either in effect or that are imminent. They resulted from the suggestion of a survey of all IL residents in 2021 and include the following:

The Committee requested that residents with disabilities along with professional accessibility experts, be represented and/or consulted whenever building remodeling or restructuring is planned that impacts residents' sight, hearing, mobility, or tactile ability. Partially Unresolved.

Installation of two automatic door openers in Adirondack entrances was scheduled for January 2021. However, Bob Michael, Director of Facilities, solved the problem of easier access by arranging to always have one of the doors open at all times. Our thanks to Bob.

Cubbies: Larger labels on all cubbies with residents' names and apartment numbers were requested. This was accomplished with the invaluable help of Ellen Ottstadt, Maria Harris, and Fran Kelly.

Lighting: Brighter lighting throughout the entire campus and an alternative to florescent lighting was requested. *Resolved.* Bob Michael, Director of Facilities, had the lighting replaced with LED lighting throughout the campus which he had ordered before our request was formally presented.

Our request for a bulletin board designated for larger printed announcements from management is *unresolved* at present because management wants to determine if CATIE will solve this concern.

Administration emails could be written in a 14-16 point font: *Unresolved:* This is a work in progress because of uneven staff participation.

Our thanks to the Residents Council which approved a name change for our Committee that better represents its mission: Low Vision Help Committee.

Brighter lighting in the Activities Alcove was provided with an automatic switch that is activated when a person enters that area. It was installed thanks to Bob Michael, yet again!

Thanks to Sara Cook and Bob Michael, a brighter light was installed above the ATM machine.

Our thanks to the Art Committee for the enlarged printed description of works of art on the Rue des Artistes.

LVHC Library Collection: Chuck Cohen's products; catalogue, current cost sheet for these products; and a book explaining several eye ailments. Also, our thanks for the inclusion of a large print collection.

Webinars: Thanks to Sylvia Hawes, again this year we had access to several Informative webinars from The Glaucoma Foundation.

The LVHC is pleased to thank our CEO, Pamela Klapproth, and her team for their generous support. As I reported last year, it is my hope that, as a consequence of having successfully addressed enough low-vision needs for our community, Kendal on Hudson can establish itself as a model for more helpful aids and ideas throughout the other Kendal communities experiencing similar challenges.



## MOVIE COMMITTEE

### MEMBERS:

Annette Leyden & Roberta Poupon (co-chairs) Lailani Moody, Sara Cook, Jo Cameron, David Shover, Richard Schneeman, Hubert Herring. We continue to involve new Residents: David, Richard and Hubert are our newest members.

### Mission:

To choose and schedule movies to be shown to Kendal residents on a regular basis.

Movies are shown on most Tuesday through Sunday evenings at 8:00 on our in-house TV Channel 970. In addition, with more volunteers, we have re-started showing films in the Gathering Room, some on Thursday evenings at 7:30 and once-a-month Sunday afternoons at 3:00. On these Thursdays and Sundays, other films are shown at 8:00 on 970. When we show a film on a Sunday afternoon in the GR, we serve popcorn, thanks to Fred Coppola's instructions, supplies and machine and to a volunteer team..

The committee meets regularly to schedule two weeks of movies. The schedule is provided weekly for the front page of Spotlight and is also given to Catie.

Most of our movies are ordered from our Netflix-DVD account, paid for by the Residents Council. Some are DVDs from residents' personal collections, others from our Library, from Warner Library and other Westchester libraries, and from the LEONORE MEYER COLLECTION, given to us at Leonore's death by her children. In 2022, Leonore's son Nicki, added to that collection. We also arrange the showing of movies to support Education Committee courses.

2022 was our first MOVIE SURVEY. In one week, we were very pleased to receive more than 140 responses to seven questions and a section for comments and suggestions. A week later, we notified all residents of our findings. We are working diligently to demonstrate that we heard their voices and will continue to respond to residents' suggestions.

## MUSIC COMMITTEE

**Chair:** Fran Kelly

**Members:** Arthur Brady, Sheila Darnborough, Eugene DuBow, Naomi Gross, Ed Hanin, Linda Mahoney, Bert Pepper, Michael Rapaport, Janet Schloat, Bob Singleton, Jody Spellun, Uriel Schlair

**Mission:** To organize, coordinate, and provide musical programs for Kendal Independent Living residents, while also welcoming friends from other residential parts of the Kendal Community. The Music Committee maintains the Steinway piano, bequeathed by Clara Loomanitz, and the harpsichord housed on the Mary Powell balcony.

A resident's anonymous gift underwrote the first two chamber music concerts in the fall of 2006, leading to the formation of the Music Committee in January 2007. Our annual concert program is financed primarily through residents' gifts to the KoH Residents Association. Additional programming is made possible by concert sponsorships from individual residents or their families.

This year, we welcomed Naomi Gross and Uriel Schlair to the committee. Through 2022, the committee has coordinated almost 260 musical programs.

In 2022, we welcomed several new performers and groups: Chamber Players of the Greenwich Symphony Orchestra, violinists Emilie Ann Gendron and Gabriel Schaff, pianist Alexa Stier, Bruce Molsky Mountain Music Trio, MET Opera Orchestra String Quartet and Piano Trio, and violinist Deborah Buck with pianist Orli Shaham.

### Sleepy Hollow High School Student Award:

In 2019, the Committee initiated a Music Award for a Sleepy Hollow High School student who plans to pursue postsecondary study in some area of music. To date, 8 students

have been recognized through this program with small grants. In 2022, awards were given to Luciano Lopez-Parnetti and Samuel J. Leviatin who are continuing their studies in musical composition and jazz trumpet performance respectively.

### **2022 Concert Series:**

Jan 23	David Shenton's Empire Trio "Bravissimo Broadway"
Feb 13	Chamber Players of the Greenwich Symphony Orchestra
Mar 13	Emilie Ann Gendron/Gabriel Schaff, two violins
Mar 27	Alexa Stier, piano recital
Apr 24	SUNY Purchase cello students (Prof. Thomas Mesa)
May 1	Bruce Molsky Mountain Music Trio
May 15	Metropolitan Opera Orchestra String Quartet
Jun 5	Jazz Forum All-Stars plus SHHS Jazz Combo
Jun 12	Steel Passion Steel Drum Band
Jul 10	Jazz Forum All Stars
Jul 24	Jazz Forum All Stars
Aug 7	Jazz Forum All Stars
Aug 21	Jazz Forum All Stars
Oct 2	Cris Groenendaal/Sue Anderson – Broadway Cabaret
Oct 9	Deborah Buck, violin; Orli Shaham, piano
Oct 23	The Raritan Trio
Nov 6	Manhattan String Quartet
Dec 4	Purchase College Music Conservatory students (Prof. Deborah Buck)
Dec 11	Metropolitan Opera Orchestra Trio

Programming for 2023 has begun with 12 concerts already scheduled. Thanks to our dedicated committee members who critique concerts, offer suggestions for future programming, approach potential individual artists or groups, and assist as ushers for Sunday afternoon concerts.

## **OPERA COMMITTEE**

**Chair:** Ursula Hahn

**Members:** Arthur Brady,  
Sheila Darnborough,  
Eugene DuBow, Naomi  
Gross, Ed Hanin, Linda  
Mahoney, Bert Pepper,  
Michael Rapaport, Janet  
Schloat, Bob Singleton,  
Jody Spellun, Uriel Schlair

**Mission:** Offer Kendal residents opportunities to hear and see quality opera on DVD on the large Gathering Room screen, of particular importance to those who can no longer travel to New York City to attend a performance in person. Awaken curiosity and interest in opera among residents, in whose lives the art form may not have played a role prior to coming to Kendal.

**Background:**

Muriel Fox and Amelia Augustus were instrumental in establishing an opera group with several of the members listed above. Operas on DVD began to be shown in the Gathering Room on Saturday afternoons in February 2019 under the leadership of Barbara App by drawing on her and Muriel's large collections. Ursula Hahn took over from Barbara in February 2021.

**Activities:**

The committee welcomed Marcia Sprules as a new member in the fall.

In 2022, 47 operas (a few operettas among them) will have been shown (total since Feb. 9, 2019: 132). The chairperson prepares brief overviews of works that are not "household words". Attendance varies between 15 and 25 persons, with occasional spikes to 30.

Works of more than three hours' length are split into screenings on Saturday and Sunday, which requires coordination with the music and movie committees. This fall we partnered with Nancy Frieden by showing operas based on works by Alexander Pushkin, which were being read in her Russian literature class.

All Saturday Opera screenings are posted on six bulletin boards (including Adirondack's), and announced in Spotlight; the monthly calendar of events; and a calendar prepared by Cynthia Berenguer, Director of Therapeutic Recreation.

The committee meets quarterly to select the presentations for the following three months. All DVDs must have English subtitles. Occasionally, popular operas are shown more than once during the year.

The committee is grateful for the support of the Residents Council and welcomes all music lovers to Kendal's Saturday Opera.

## **SOCIAL EVENTS COMMITTEE**

Chair: Muriel Fox

Members: Bob Singleton, director of the Kendal Singers; Sally Costa and Sharry Lukach, New Year's Eve Party committee; other residents are recruited for specific tasks

Mission: Produce two major social events for New Year's Eve and the Fourth of July, and to assist the Residents Council with other social events as needed.

Muriel Fox is chair of the Social Events Committee. Other committee members include Bob Singleton, who directs the Kendal Singers, Sally Costa and Sharry Lukach, who co-headed the New Year's Eve party committee. Other residents are recruited for specific tasks.

Because of the Covid-19 pandemic, the New Year's Eve celebration and the Fourth of July program had both been canceled in 2021.

We postponed our 2021-22 New Year celebration until March 24. The show was a tremendous success. As in the past, we lowered our Glittering Ball at Kendal Midnight, which is 9pm, and shouted "Happy New Year!" An Ushers Committee headed by Bob Kutscher created a smooth flow of audience. The Residents Lounge was festive, with a fabulous floral arrangement as the centerpiece. The Champagne and Caviar food was

exceptional, thanks to Fred Coppola and his crew.

Once again, Bob Singleton led the Kendal Singers in songs. Linda Mahoney Herring accompanied them. Bob also played piano for a singalong of old-time songs in the PDR after the reception.

Thanks to generous voluntary donations from residents, the committee now has funds available for celebrations in the year ahead.

To offset problems with Covid, our Fourth of July reception was held under the big tent on the Terrace. Again, Muriel Fox chaired the event and the Kendal Singers provided songs. The Ushers Committee again made a big difference in controlling the traffic flow. The Committee also served water to help avoid dehydration in the high heat.

Special thanks are given to Marinela Marku, who supervised the many demands on Facilities with great efficiency and responsive good humor.

Since the previous years' Fourth of July shows with an audience vote had been enthusiastically received, we decided to feature a vote again this year. The new theme: What should be the next amendment to the U.S. Constitution? Suggested amendments were presented by Gene DuBow, Anne White and Jon Masters. All three amendments received numerous votes, but Jon Masters won with a suggested amendment to abolish the Electoral College.

Plans are well under way for the 2022-23 New Year's Eve celebration. Once again, Muriel Fox will produce a show to commence in the Gathering Room at 8pm on December 31; Marianne Bloomfeld will lead a very active party committee to stage the reception after the show.

## SPOTLIGHT

**Chair:** Sally Kellock

**Editors:** Jennifer Gardy, Ursula Hahn, Sally Kellock, Peggy Pennell, Carlisle Spivey

**Inputters/Reviewers:** Marianne Bloomfeld, Sheila Darnborough, Fran Kelly, David Shover

**Mission:** To publish the Spotlight weekly as a source of information for residents about current KoH news and forthcoming events. We hope to keep it clear, interesting, as brief as possible and, above all, accurate.

The editors take turns assembling the copy supplied by residents and the Administration into a newsletter, which is usually 4-5 pages long and traditionally printed on yellow paper. One of the editors also prepares a monthly calendar of events, with assistance from Fran Kelly. At the request of the Low Vision Help Committee, efforts have been made to increase the font size of Spotlight and use a sans serif typeface. While the first two pages follow a standard format, editors vary the layout of the other pages depending on the material, and often add clipart.

Since the introduction of CATIE, Spotlight has been posted there in the News Corner and is no longer distributed to cubbies. Ellen Ottstadt's office still produces print copies for Adirondack, Clearwater and Sunnyside, and provides extra-large copies for residents who request them. The week's editor posts copies on bulletin boards in all buildings.

### TRANSPORTATION ADVISORY COMMITTEE

**Chair:** Anne White

**Members:** Harriet Barnett, Joan Curry, Gretchen Engler, Muriel Hahn, Ed Hanin, Carolyn Klingler, Barbara Rachlin, Ann Schnog

**Mission:** Work with Kendal on Hudson Staff and Administration to arrange regularly scheduled trips to doctors' offices, shopping centers, the Tarrytown train station, and community events, as needed.

**Description of Services:** As described in the Residence and Care Contract, Kendal on Hudson offers transportation for medical appointments (within a 15-mile radius), shopping and other activities, based on a weekly schedule. The Transportation Advisory Committee provides information on available services to residents and serves as a forum for residents' concerns and questions.

**Transportation Plans for 2022:** Top priorities for 2022 were to increase driver hours and to purchase several vehicles that would be more comfortable and easier for Kendal residents to get in and out of. With money in the 2022 budget to buy two small cars and add a new driver for Saturdays and weekday hours beyond 4:30 pm, plus funds carried over from 2021 for a new bus, we hoped to offer more shopping trips, later train pick-ups, and trips to local events and farmer's markets.

**Additional Driver Hours:** Supplemental funds were included in the 2022 budget to increase driver hours for expanded after-hours and Saturday transportation. It was anticipated that Ellen would hire a new driver in January or February, so that he or she could be trained and ready to drive in the spring. But with budgets under pressure and COVID cases again on the rise, the committee agreed it would be wiser to wait until later in the year to hire a new driver, hoping the Omicron wave would subside as people spent more time outdoors in the summer months.

**Experimentation:** Ellen proposed that, for spring and summer, we experiment with different schedules and destinations as a way of determining what residents would actually use. An additional shopping day was added. And using Kendal staff (our regular drivers plus Shawn), in March, we began offering Wednesday evening transportation and

Saturday trips to local events and farmers markets, depending on

the availability of one of our drivers. Signups were spotty, and several trips were canceled. So when Shawn went on vacation in July, the Wednesday option was paused and several Saturday trips were cancelled due to low numbers and or excessive heat.

**Our Kendal Drivers:** Over the summer, we experienced significant turnover in our loyal corps of drivers, as Eamon (7 yr) went to a part-time schedule and Howie (17 yr) retired. Then when Shawn resigned to take a position elsewhere, we were left with just one full-time driver and one part-time. Thanks to Rich's expert scheduling skills, all residents were delivered to essential medical appointments, although the return trip sometimes required a longer wait for a pickup. Meanwhile, Ellen quickly hired and trained a new driver, Erickson, to help with regular daytime transportation and occasional evening or Saturday trips for special events and shopping.

**Number of Residents Driven:** Despite many challenges, our Kendal drivers continued to provide reliable, caring transportation for Kendal residents throughout 2022. Over 11 months, they made 7146 resident trips. This was a slight increase from 2021, but still well below the 9882 trips driven in 2019 before the pandemic. Most trips were for medical appointments (4883) with increasing numbers of shopping trips (1189) and trips to the train station (1094).

**Our Kendal Vehicle Fleet:** Carried over from the 2021 budget was funding for a bus to replace the original 2004 model that has been transporting Kendal residents since the very beginning in 2005. The new bus was ordered in December 2021, with delivery expected in March of 2022, but we are still waiting — and hoping to finally receive it in March of 2023. In the meantime, Ellen purchased two new sedans in 2022 to replace older models. The committee was pleased to learn that the old cars were donated to Wheels for Wishes, with proceeds going to grant the wishes of local children suffering from serious, life-threatening illnesses.

**History of Kendal Transportation:** Rich Shields has been Kendal's lead driver since Kendal opened, in 2005. At our final meeting of the year, the committee took time to look back at the spreadsheets where he recorded each trip. We found that Kendal transportation began in June 2005, shortly after the first residents moved in. Over the first seven months, there was a total of 1834 trips — plus an additional “64 residents who were driven to the polls to vote”. In 2006, a full year of trips totaled 5343, with approximately equal numbers of trips to the train as to doctors. Recently, there have been almost five times as many trips to doctors as to the train station.

**Looking Ahead to 2023 and Beyond:** As of January 1, 2023, Gretchen Engler will become the new Chair of the Transportation Advisory Committee, succeeding Anne White, who is stepping down. As the committee continues its efforts to expand and improve Kendal transportation services, here are a few of the questions to be considered in 2023:

- Whether to charge an additional fee for trips on evenings and weekends, or beyond the current 15-mile limit?
- Whether/when to add another new driver? Full-time or part-time?
- How to transition Kendal's fleet of vehicles from fossil fuels to hybrid or electric, as new models that meet our needs become available and costs come down?

**Thanks...**to our longtime Kendal drivers, Rich, Eamon, Howie, and the newest — Erickson — for their caring service during a difficult time ... to Ellen Ottstadt, for her enthusiastic support and respect for our committee ... to Gretchen Engler for stepping up to lead the committee forward, and ... to all the committee members who participated with great energy, creativity and generosity of spirit.

## TRIPS COMMITTEE

**Chair:** Lynn Brady

**Secretary:** Carolyn Klinger

**Treasurer:** Sheila Darnborough

**Publicity:** Marianne Bloomfeld

**Members:** Lynn Brady, Jacqueline Cummings, Carolyn Klinger, Sheila Darnborough, Marianne Bloomfield, Hildegard Gray, Lillian Hess, Lailani Moody, Dianne Morris, Pat Taylor

**Mission:** Provide access to new experiences and rich cultural life, heritage and beauty of the region beyond Kendal on Hudson. We plan and arrange day trips in New York City, the Tri-State Metro area and Hudson River Valley for independent living residents and seek to serve a range of activity levels including mobility and or cognitively challenged individuals.

**Activities and Achievements:** The Trips Committee did a full schedule of trips; 36 trips with 406 residents participating. Most trips had a full van with 12 residents. The first half of the year were mainly trips to New York City. Starting in June, we expanded to Westchester, the Hudson River Valley, and Connecticut. Then in November we returned to New York City. We try to do a variety of trips: museums with special exhibits, gardens, historical sites, houses, and river cruises to attract residents with different interests.

Many trips filled within the first week or two. We always have a waiting list. Many new residents are taking trips.

We are doing trips on Wednesdays, Thursdays and occasionally Saturdays. Most museums in New York City are closed on Wednesdays and some are only open on the weekends. We hope this will change in the future with more venues being open during the week.

Beginning on July 1, the Residents Association began paying for transportation in Westchester, north, and in New York City. They used our trips committee account.

The places visited this year included:

- Hispanic Society, Manhattan
- Bruce Museum, Connecticut
- Jewish Museum, Manhattan
- Frick Museum, Manhattan
- Brant Foundation, Connecticut
- New York Botanical Garden, Bronx
- Guggenheim Museum, Manhattan
- Aldrich Contemporary Art Museum, Connecticut
- Museum of City of New York, Manhattan
- Katonah Art Museum, Katonah, NY
- Do Your Own Thing (DYOT) with drop off at the Met, Manhattan
- Wave Hill, Bronx
- Pride of the Hudson, Newburgh
- Storm King Art Center, Mountainville
- Yale Center for British Art, New Haven, CT
- Piermont, New York
- New York Historical Society, Manhattan,
- William Dreyfus Foundation, Mt. Kisco
- PepsiCo and Newberger Museum, Purchase, NY
- Ukrainian Museum, Connecticut

- Kykuit, Sleepy Hollow, NY
- Magazzino Italian Art, Cold Spring, NY
- Newington Cropsey Foundation, Hastings
- Washington Headquarters, Newburgh, NY
- Culinary Institute of America, Hyde Park, NY
- Museum of Natural History, Manhattan
- Yale University Art Gallery, New Haven, CT
- Neue Galleries, Manhattan
- NYDYOT with drop off at Met, Manhattan
- We also attended 4 Met Opera HD live performances in White Plains
- Strauss' Ariadne Auf Naxos
- Donizetti's Lucia di Lammermour
- Cherubini's Medea
- Kevin Puts's The Hours

Jan Myers retired this July after 16 years, 12 years as chair. She did everything, concerning trips. She started the trips to HD live opera performances to White Plains. The Trips Committee held a retirement party for Jan in September. 21 present and former trips committee attended. A certificate of appreciation was given to Jan for her extraordinary service.

The Trips Committee plans to continue sponsoring trips to New York City and Westchester, the Hudson River Valley, and Connecticut in 2023. We also plan to do more DYOT with drop off at the Met. We continue to look for new venues in New York City and beyond so we can attract more residents.

## **TV CHANNEL 970**

**Chair:** Sheila Darnborough

**Technicians:** Emil Bahary, Laura Burkhardt, Sheila Darnborough, Sally Kellock, Robert Kutscher

**Film and Great Courses Selection:** The Film Committee and the Education Committee

**Filming and Editing:** Sheila Darnborough, Eugene DuBow, Robert Kutscher and Jack Miller

**Photography Editor:** Arthur Brady

**Mission:** KOH TV is Kendal on Hudson's internal TV channel that transmits on a public TV Channel, 970. Its mission continues to be ensuring that Kendal residents, irrespective of their level of independence, have access to Kendal events in their own homes.

Regular program service comprises:

- An evening movie shown only on Channel 970 except for Friday, when the movie shown in the Gathering Room the previous evening, Thursday, is repeated on Channel 970
- Recordings of two KOH events, generally a Monday night lecture shown on weekdays at 3 pm, and a Kendal concert shown the whole week at 4:30 p.m.
- Two lectures of a Great Courses series shown at 3:00 p.m. on Saturday and Sunday
- Round-the-clock still photos of Rue des Artistes exhibitions
- Occasional live broadcasts of key management and resident events to residents' TVs.

Service interruptions occurred at about the same level as last year, stemming mostly from using obsolete, but still working DVD players. The main reasons for interruptions

were the movie not starting, sub-titles not always showing when they could and some broadcasts carrying a double soundtrack.

The incidence of other issues with DVD players and the rest of the obsolete system has declined because of the volunteers' increased ability for minor troubleshooting, and the evolution and implementation of a regular maintenance program, all supported by Channel 970's tenacious and creative outside technical consultant Ira Malek.

Meanwhile, Channel 970 continues to broadcast because of its dedicated volunteers listed above, joined this year by new residents, Laura Burkhardt and Emil Bahary. Thank you to them for quickly becoming skilled contributors and to all for another year of showing up, day-in, day-out to schedule the programs, meeting by meeting to film programs, and maintaining good cheer in the face of trouble.

As to the future of Channel 970, while the perceived potential of CATIE for delivering some, at least, of its programming to residents' apartments has not been realized, this is being included in the current assessment of Kendal's information technology needs. This means that the Channel continues to use an obsolete system so is dependent on its outside technical Consultant for sophisticated trouble shooting – a vulnerability in view of his reduced availability. And, of course, more volunteers would be welcome.

## WEBSITE COMMITTEE

**Co-Chairs:** Caroline Persell, Jeff O'Donnell

**Members:** Amelia Augustus, Fran Kelly, Secretary-Treasurer; Sheila Darnborough, Eugene DuBow, Gretchen Engler, Jo-Ann Rapaport.

**Web Roles:** Caroline Persell, Webmaster and Content Editor; Eugene DuBow, Jeff O'Donnell, Jo-Ann Rapaport, Marcia Sprules, Content Editors; Gretchen Engler, Sally Kellock, Copy Editors; Mariet Van der Heide and Fran Kelly, Permissions Editors. See below for new staff.

**Mission:** Having started the Residents Website in 2015, the Website Committee's purpose is to maintain and improve the Website with two goals:

- a) providing current residents with timely and important information in a single place;
- b) sharing with residents, families, prospective residents, and others outside of Kendal on Hudson written, visual, and video examples of the vital and creative resident life here.

### Highlights of 2022

- Usage: from Jan. 1, 2022 - Nov. 26, 2022 there were 23,543 visitors, up 16% from last year; a total of 12,931 unique visitors, up 22% from last year; and 47,193 page visits, down 4% from last year.
- On Jan. 1, we transitioned to a new password for "Residents Only" for 2022.
- The Webmaster continues to write the weekly Residents Website News describing what's new on the Residents Website and distribute it electronically to all current residents.
- The Calendar and News pages were dropped toward the end of this year.
- Oct. 24, 2022 Jeff and Caroline announced at the Residents Association Quarterly Meeting that they needed to step down and the website faced a crossroads: either phase it out or have a significant number of new volunteers come forward. Happily, new talent stepped up and the new staff of the website is: Carlisle Spivey, webmaster; Laura Burkhardt, copy editor; Jennifer Gardy, Spotlight; Joe Bruno, Staff Directory; and Anne White, video poster. Continuing staff are Fran Kelly, permissions and new resident bios, and Marcia Sprules, Yellow Rose page editor.

**Plans for 2023:** To be worked out by the new staff and the Website Committee.

## WELCOMING TEAM

- Co-Chairs:** Jo-Ann Rapaport, Iris Sampliner, Cynthia Ferguson
- Welcoming:** Rita Benzer, Marianne Bloomfeld,
- Neighbors:** Alice Clague, Sylvia Hawes, Sally Kellock, Nita Last, Sharry Lukach (withdrew), Jody Spellun, Jackie Wilke, Mary Linda Zonana (withdrew)
- Specialists:**
- Editors:** Biographies & Support Materials: Fran Kelly & Janet Schloat
- Bio Writers:** Rema Sessler, Marianne Bloomfeld, Janet Schloat
- Campus Tours:** Bob Kutscher, Pam Mitchell
- Photographer:** Arthur Brady
- Volunteers:** Jean MacIntosh, Jane Hart, Jane Kratovil

**Mission:** To ease incoming Independent Living residents' move into Kendal by providing support and information. This is accomplished through personal contact before, during, and after the move-in date. In addition, printed information, campus tours, as well as social events, and new-resident orientation meetings are provided when possible.

### Activities 2022

- During the period December 1, 2021 through December 31, 2022, 35 new residents moved into 23 apartments. Note: 3 residents are expected to move into 2 apartments in late December 2022
- The *Newcomer Guide* was revised twice. It contains basic information on such items as Appliances, TV/Internet, CATIE, Dining, through use of the Key Fob, Package Delivery, and Emergencies.
- A Cover sheet identifying the items of immediate interest that are provided with a fridge magnet on the newcomer's arrival day has been added (menus, staff phone numbers, resident directory, etc.)
- The Current Issue of *Spotlight* is now included with the magnetic clip
- The Welcoming Process was revised multiple times to conform with the restrictions due to the COVID 19 pandemic; further revisions were made as restrictions lessened.

### Proposed Activities 2023

- New Resident Receptions are planned for 2023
- A KoH Activities Festival showcasing the variety of activities available to residents is planned for early in 2023. Activities committee representatives will have the opportunity to share their mission with residents as well as recruit new members.
- New Resident Individual Tours will be offered to arriving residents
- We plan to reinstate the follow-up surveys with new residents to learn from their experience and improve the Welcoming Process.