

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
03/12/23	03/13/23	03/14/23	03/15/23	03/16/23	03/17/23	03/18/23
Soup du Jour Roasted Butternut Squash	Soup du Jour Chicken Muligatawny	Soup du Jour Tomato and Leek (V)	Soup du Jour Chinese Pork Noodle Soup (G)	Soup du Jour Confetti Vegetable Soup (V)	Soup du Jour Potato and Cauliflower (V)	Soup du Jour Ginger Acorn Squash (V)
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Whole Roasted Turkey With Traditional Gravy	Crispy Fish Sandwich Battered Fried Fish on a Bun with Tartar Sauce	Buffalo Chicken Wrap GFA Crispy Chicken tenders tossed in hot sauce, with chopped tomatoes, shredded Lettuce, and blue cheese dressing	Beef Quesadilla Tender Beef and Cheddar Cheese in a Folded Tortila	Cuban Style Pulled Pork Sandwich GFA Sliced ham, Pulled pork, Swiss chees, pickles, mustard on a fresh baked roll	Kendal Pizza GFA Handmade Pizza's	CBT Sandwich GFA Cheddar, Bacon and tomato on grilled white bread
Eggs Benedict Poached Eggs with Canadian Bacon on a Muffin with Hollandaise Sauce	Cobb Salad GF Grilled Chicken, tomatoes, diced bacon, crumbled blue cheese, avocado , cooked egg, chopped romaine	Kielbasa and Cabbage GF Kielbasa sausage and cabbage sauteed	Sesame Chicken Crispy chunks of chicken tossed in a sesame garlic sauce	Fish of the Day Preperation changes	Oven Roasted Chicken Wings Seasoned chicken wings baked	Chicken Parmesan Breaded chicken topped with tomato sauce and mozzarella cheese
Cheese Blintzes Served with a Berry Compote	Eggplant Tower GF Grilled Eggplant, Provlone, Muenster Cheese and Tomato Sauce	Spinach and Chickpea Curry Fresh Pinach and chickpeas ina creamy curry sauce	Vegetable Spring Rolls Asian vegetables wrappen in a thin dough and fried	French Onion Quiche Savory Tart Shell with Egg, Onion, and Gruyere Cheese	Macaroni and Cheese Pasta with a Cheese Sauce	Penne a la Vodka Classic creamy tomato sauce with parmesan cheese
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	California Vegetables	Carrots	Green Beans	Corn Au Brien	Steamed Broccoli	Garden Vegetables
Steamed Broc/Cauli/Carrots	Basmati Rice	Onion Rings	Steamed White Rice	Kendal Chips	Potato Wedges	Tater Tots
Mashed Potatoes						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
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Chef's Choice Desserts	Blondies	Cookies	Whoppie Pies	Assorted Dessert Bars	Princess Brownie	Marble Pound Cake
NSA Bleuberry Cake	NSA Cookies	NSA Vanilla Pudding	NSA Brownies	NSA Peach Pie	NSA Lemon Meringue	NSA Chocolate Pudding

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	Soup du Jour Chicken Noodle	Soup du Jour Vegetable Gumbo (v) (G)	Soup du Jour Lentil	Soup du Jour Parsnip and Sweet Potato (V)	Soup du Jour Potato Leek Soup (V)	Soup du Jour Carrot and Ginger
	Special Salad Roasted Beet & Goat Cheese	Special Salad Asian Salad	Special Salad Fall Quinoa Salad	Special Salad Baby Kale Salad	Special Salad Classic Wedge	Special Salad Baby Arugula
	Entrees Moroccan Beef GF	Entrees Chicken Pot Pie	Entrees Seafood Cake	Entrees BBQ Pork Ribs GF	Entrees Corned Beef and Cabbage GF	Entrees Chicken Osso Bucco GF
	Slow cooked tenderloin with toasted spices, aromatic vegetables, chickpeas and raisins	Sauteed chicken and vegetables in a creamy veloute topped with puff pastry	With Shrimp, Scallops, and Crab, served with a Romoulade Sauce	Slow Cooked Ribs in a Tangy BBQ Sauce		Braised chicken, White wine, tomatoes and aromatic vegetables
	New Orleans Pasta	Barramundi GF	Beef Brisket	Catch of the Day	Honey Mustard Chicken	All American Burger GFA
	Chicken, sausage, onions, peppers, Roasted garlic cream sauce	Barramundi fish filet with a lemon butter	Slow Cooked Beef with a Brown Gravy	Today's Fresh Seafood		American cheese lettuce and tomato on a bun
	Tofu and Cauliflower Rice GF	Mushroom Ravioli	Vegetable Korma GF	Fall Vegetable Gnocchi	Vegan Shepherd's Pie	Grilled Portobello Mushroom BurgerGFA
	Sauteed tofu, peppers onions, peas, carrots, tomatoes and cauliflower rice	Cremini, shitake and oyster mushrooms with a truffle cream sauce	Mixed Vegetables in an Indian Curry Sauce	Seasonal Fall Harvest Vegetables with Potato Pasta in a Vegetable Veloute		Marinated Portobello Mushroom with Lettuce and Tomato on a bun
	Accompaniments Mixed Vegetables	Accompaniments Roasted Brussels Sprouts	Accompaniments Braised Fennel and Carrots	Accompaniments Roasted Cipollini Onions	Accompaniments Steamed Cabbage	Accompaniments Roasted Vegetables
	Green Peas	Cauliflower	Steamed Broccoli	Asparagus	Beer Braised Carrots	Steamed Carrots
	Barley Pilaf	Smashed Yukon Gold Potatoes	Confetti Cous Cous	Potato Wedges	Mashed Parsnip Potatoes	Roasted Potatoes
	Desserts Key Lime Pie	Desserts Napoleon Cake	Desserts Fresh Fruit	Desserts Carrot Cake	Desserts Bailey's Irish Cream Cake	Desserts Baked Apple Pie
	NSA Apple Pie	NSA Cherry Cake	NSA Lemon Loaf	NSA Chocolate Velvet Cake		NSA Chocolate Pudding