

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
05/07/23	05/08/23	05/09/23	05/10/23	05/11/23	05/12/23	05/13/23
<b>Soup du Jour</b> Crab Bisque (G)	<b>Soup du Jour</b> Sausage, White Bean, and Kale	<b>Soup du Jour</b> Mushroom Bisque (V)(G)	<b>Soup du Jour</b> Vegetable Barley (G) (V)	<b>Soup du Jour</b> Mexican Chicken Tortilla	<b>Soup du Jour</b> Muligatwany with Lentils (V)	<b>Soup du Jour</b> Potato Leek Soup
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Chicken Teriyaki</b>	<b>Tuna Melt</b>	<b>Turkey BLT GFA</b>	<b>Buffalo Chicken Wrap</b>	<b>French Dip Sandwich</b>	<b>Kendal Pizza GFA</b>	<b>CBT Sandwich GFA</b>
Tangy Marinated Chicken with Grilled Pineapple	Tuna Salad on an English Muffin with American Cheese	Turkey with Bacon, Lettuce, Tomato, and Mayonaise on Sliced White Toast	Breaded Chicken Tenders Tossed in Hot Sauce with Bleu Cheese Dressing, Lettuce and Tomatoes	Slow Cooked Sliced Beef, Au Jus, Provolone	Handmade Pizza's	Cheddar, Bacon, and Tomato Grilled with Sougdough Bread
<b>Traditional Lasagna</b>	<b>Texas Style Chili</b>	<b>BBQ Pork Wings</b>	<b>Tortilla Crusted Tilapia</b>	<b>Chicken Fingers</b>	<b>Caribbean Curry Chicken GF</b>	<b>Beer Battered Fish</b>
Ground Beef, Ricotta Cheese, Tomato Sauce, and Mozzarella Cheese	Beef, Peppers, Onions, and Beans Slow Cooked With Southern Spices	Mini Pork Shanks in BBQ Sauce	Tilapia Filet with a Crisp Corn Crust	Breaded Chicken Tenders	West Indian Style Chicken with Toasted Spices	Battered Cod served with Tartar Sauce
<b>Grilled Vegetable Tower GF</b>	<b>Vegetable Samosas</b>	<b>White Bean and Sundried Tomato Gnocchi</b>	<b>Spinach, Feta, and Red Onion Quiche</b>	<b>Stuffed Pasta Shells</b>	<b>Kale and Vegetable Dumplings</b>	<b>Vegetable and White Bean Ratatouille</b>
Stacked Grilled Vegetables with Cheese	Curried Potato and Vegetable in a Pastry Dough	White Beans, Sundried Tomatoes, Spinach, and Gnocchi Pasta in a Light Velouté	Spinach, Feta Cheese, and Onions, and Eggs With a Pie Crust	Pasta Filled with Ricotta Cheese with Tomato Sauce and Mozzarella Cheese	Served with Scallions	Zucchini, yellow squash, onions, eggplant and tomatoes cooked with white beans
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Peas and Carrots</b>	<b>Cut Corn</b>	<b>Pacific Vegetables</b>	<b>Steamed Broccoli</b>	<b>Sweet Plantains</b>	<b>Green Beans</b>
<b>Steamed Broccoli and Carrots</b>	<b>Potato Chips</b>	<b>Tater Tots</b>	<b>Rice</b>	<b>French Fries</b>	<b>Rice and Beans</b>	<b>Cole Slaw</b>
<b>Basmati Rice</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
		<b>#REF!</b>				
<b>Chef's Choice Desserts</b>	<b>Brownies</b>	<b>Cookies</b>	<b>Coffee Cake</b>	<b>Poundcake</b>	<b>Apple Pie</b>	<b>Chocolate Cake</b>
<b>NSA dessert</b>	<b>NSA Cookies</b>	<b>NSA Blondie</b>	<b>NSA Jello-O</b>	<b>NSA Peach Pie</b>	<b>NSA Chocolate Pie</b>	<b>NSA Vanilla Pudding</b>

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	<b>Soup du Jour</b> Broccoli and Parsnip (V)	<b>Soup du Jour</b> Italian Wedding	<b>Soup du Jour</b> Tomato Basil	<b>Soup du Jour</b> Zucchini Margharita (V)	<b>Soup du Jour</b> Shrimp and Corn Chowder (G)	<b>Soup du Jour</b> Chicken Vegetable
	<b>Special Salad</b> Mediterranean Quinoa	<b>Special Salad</b> Kendal Spring	<b>Special Salad</b> Superfood Kale	<b>Special Salad</b> Baby Arugula	<b>Special Salad</b> Caprese	<b>Special Salad</b> Classic Wedge
	<b>Entrees</b> <b>Grilled Chicken Sandwich GFA</b> Chicken Breast, Sundried Tomato Pesto Aioli, Mozzarella Cheese and Bib Lettuce	<b>Entrees</b> <b>Turkey Meatloaf</b> Gound Turkey, with Olives, Feta Cheese, and Spinach	<b>Entrees</b> <b>Greek Grilled Chicken Salad GF</b> with Lettuce, Tomato, Red Onions, Feta Cheese and Greek Dressing	<b>Entrees</b> <b>Carved NY Sirloin GF</b>	<b>Entrees</b> <b>Chicken Madeira</b> Chicken Thighs Marianated and Slow Roasted with a Madeira Mushroom Demi Glace	<b>Entrees</b> <b>Beef Quesadilla</b> Tender Marinated Beef, Tomato and Onion Salsa, & Cheddar Jack Cheese, Grilled in a Tortilla Shell. Sour Cream and Salsa on
	<b>Beef Tagine GF</b> Beef Filet Tips, Aromatic Vegetables, Chickpeas, Apricots and Toasted Spices	<b>Fresh Catch</b>	<b>Classic Bolognese GF</b> Ground Beef, Aromatic Vegetables, and a Rich Tomato Sauce	<b>Barramundi</b> Pan Roasted with a Saffron Sauce	<b>Seafood Vol Au Vent</b> Shrimp and Scallops in a Sherry Wine Sauce with Puff Pastry	<b>Sweet &amp; Sour Pork GF</b> Pork, Pineapple, Peppers, and Onions in a Sweet and Sour Sauce
	<b>Mushroom and Onion Quiche</b> Mushrooms, Asparagus, Leeks, and Smoked Gouda Cheese	<b>Kendal Margherita Flatbread</b> with Roasted Tomatoes, Fresh Mozzarella, Fresh Basil and Balsamic Glaze	<b>Grilled Orange Sesame Tempeh GF</b> Potatoes, spinach, onions, Indian spices, and Paneer cheese	<b>Mediterranean Zucchini Cakes GF</b> Shredded Zucchini Cakes with a Tzatziki	<b>Lasagna Florentine</b> Spinach, Mushrooms, Ricotta, and Tomato Sauce	<b>Polenta Parmesan GF</b> Baked Polenta with Mozzarella and Tomato Sauce
	<b>Accompaniments</b> <b>Sauteed Kale</b>	<b>Accompaniments</b> <b>Sweet Green Peas</b>	<b>Accompaniments</b> <b>Garlic Roasted Zucchini</b>	<b>Accompaniments</b> <b>Sauteed Spinach</b>	<b>Accompaniments</b> <b>Summer Squash Mélange</b>	<b>Accompaniments</b> <b>Steamed Broccoli</b>
	<b>Roasted Parsnips</b>	<b>Roasted Cauliflower</b>	<b>Roasted Beets</b>	<b>Carrots</b>	<b>Blistered Cherry Tomatoes</b>	<b>Roasted Vegetables</b>
	<b>Sweet Potato Fries</b>	<b>Mashed Potatoes</b>	<b>Fettuccine</b>	<b>Twice Baked Potatoes</b>	<b>Barley Pilaf</b>	<b>Jasmine Rice</b>
	<b>Desserts</b> <b>Cookie Dough Cake</b>	<b>Desserts</b> <b>Strawberry Crunch Parfait Cake</b>	<b>Desserts</b> <b>Chocolate Mousse Cheesecake</b>	<b>Desserts</b> <b>Crumb Cake</b>	<b>Desserts</b> <b>Mixed Berry Crisp</b>	<b>Desserts</b> <b>Indian Rice Pudding</b>
	<b>NSA Peach Pie</b>	<b>NSA Chocolate Cake</b>	<b>NSA Lemon Cake</b>	<b>NSA Blondie</b>	<b>NSA Jell-O</b>	<b>NSA Cheesecake</b>