

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/03/21	01/04/21	01/05/21	01/06/21	01/07/21	01/08/21	01/09/21
<b>Special Salad</b>						
Cous Cous, Squash, Spinach, Cran	Arugula, Kale, Apple, Proscutto	Mixed Greens, Acorn, Squash, Broccoli Slaw	Mixed Greens, Pear, Walnut, Goat Cheese	Mixed Greens Beets, Apples, Almonds	Crudite w Hummus	
<b>Soup du Jour</b> Crab Bisque	<b>Soup du Jour</b> Carrot Ginger Soup (V)	<b>Soup du Jour</b> Italian Wedding Soup	<b>Soup du Jour</b> Cauliflower Leek Soup (V)	<b>Soup du Jour</b> Stracciatelli	<b>Soup du Jour</b> Wild Mushroom Bisque (V)	
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	
<b>Swedish Meatballs</b>	<b>Baked Pork Chops</b>	<b>Beef Stew</b>	<b>Maple Ginger Glaze Salmon</b>	<b>Duck A L'Orange</b>	<b>Beef Bracirole</b>	
Handmade Meatballs Slowly Cooked in a Rich Creamy Sauce	Oven Baked Breaded Pork Chops Cooked Till Golden Brown Served with Apple Sauce	Tender Pieces of Beef Slowly Cooked in a Rich Red Wine Demi with Vegetables & Herbs	Oven Roasted Salmon Topped with Maple Ginger Glaze & Cooked To Perfection	Whole Roasted Ducks Cooked Till Golden Brown Finished with an Orange Glaze	Italian Beef Bracirole Stuffed with Parmesan Cheese, Seasoned Bread Crumbs & Prosciutto Slowly Stewed in	
<b>Braised Chicken Leg</b>	<b>Shrimp Scampi</b>	<b>Cod Cakes</b>	<b>Chicken Tikka Masala</b>	<b>Grilled Pork Tenderloin</b>	<b>Chicken Marsala</b>	
Topped with Confit of sundried tomatoes, capers garlic.	Sauteed Shrimp in White Wine, Garlic, Butter & Lemon	Flaky Cod mixed with bread crumbs, potato, mustard and seasoning. Served with an avacado sauce.	Bonless Chicken Thighs Marinated in Yogurt & Tandoori Spice Cooked in a Rich Tomato Butter Sauce	Marinated Pork Tenderloin Topped with a Brown Sugar & Mustard Glaze	Sauteed Chicken with Mushrooms and Marsala Wine	
<b>Wild Mushroom Risotto</b>	<b>Chickpea Cakes</b>	<b>Indian Empanada</b>	<b>General Tso's Tofu</b>	<b>Eggplant Parmesan</b>	<b>Vegetable Korma</b>	
Creamy Arborio Rice Cooked with Sauteed Wild Mushrooms & Onions & Finished with Heavy Cream	Topped with a Yogurt Dill Sauce	An Array of Vegetables Baked in Empanada Dough Till Golden Served with Mango Chutney	Battered Tofu Deep Fried Till Golden Brown Tossed in a General Tso Sauce	Breaded Eggplant Seared To Golden Brown Layered with Marinara Sauce & Mozzarella Cheese Baked	Indian Vegetable Stewed Topped with Cashews	
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	
<b>Honey Glazed Carrots</b>	<b>Roasted Butternut Squash</b>	<b>Roasted Brussel Sprouts</b>	<b>Sauteed Bok Choy</b>	<b>Roasted Root Vegetables</b>	<b>Steamed Green Beans</b>	
<b>Steamed Broccoli</b>	<b>Steamed Spinach</b>	<b>Grilled Mix Vegetables</b>	<b>Cherry blistered tomatoes</b>	<b>Steamed Green Peas</b>	<b>Lemon Roasted Cauliflower</b>	
<b>Egg Noodles</b>	<b>Jasmine Rice</b>	<b>Yukon Gold Mashed Potatoes</b>	<b>Basmati Rice</b>	<b>Barley Pilaf</b>	<b>Crispy Smashed Potatoes</b>	
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	
<b>Fruit Cup</b>	<b>Apple Slices</b>	<b>Apricots</b>	<b>Mint Fruit Salad</b>	<b>Fruit Cup</b>	<b>Peach Slices</b>	
<b>Molten Lava Cake</b>	<b>Walnut Pie</b>	<b>Apple Crisp</b>	<b>Smores Pie</b>	<b>Lemon Glazed Raspberry Pound Cake</b>	<b>New York Style Cheesecake</b>	
<b>NSA Apple Pie</b>	<b>NSA Cranberry Loaf</b>	<b>NSA Blueberry Pie</b>	<b>NSA Blondies</b>	<b>NSA Cherry Pie</b>	<b>NSA Chocolate Pudding</b>	

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<b>Soup du Jour</b> Chicken Pot Pie Soup	<b>Soup du Jour</b> Mexican Tortilla	<b>Soup du Jour</b> Chicken Noodle	<b>Soup du Jour</b> Cheddar Broccoli (V)	<b>Soup du Jour</b> Beef & Barley	<b>Soup du Jour</b> Beer, Cheddar, & Potato Soup	<b>Soup du Jour</b> Vegetable Orzo (V)
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Carved NYS Sirloin</b>	<b>Bourbon Bacon Pepperjack Burger</b>	<b>Grilled Ruben Sandwich</b>	<b>Croque Monsieur</b>	<b>Pulled Pork Sandwich</b>	<b>Kendal Pizza</b>	<b>Roast Beef Wrap</b>
Served with a Diane cream sauce	Tender Juicy Burger Topped with Bacon Jam, Caramelized Onions, & Pepperjack Cheese on a Potato Bun		Layers of Ham, Cheese & Bechamel Sauce on Top of Country White Panini Pressed Till Golden Brown	Slowly Braised Pork Butts in a Rich BBQ Marinade Shredded & Served on a Potato Bun with Coleslaw	Hand Tossed Pizzas	Fresh Sliced Roast Beef Rolled with Lettuce, Tomato, Cheddar Cheese, Red Onion and Horseradish Cream in a Flour Tortilla
<b>Assored Omelets</b>	<b>Tuna Salad</b>	<b>Beef &amp; Broccoli Stir Fry</b>	<b>Grilled Chicken Thighs</b>	<b>Beef Tacos</b>	<b>Baked Cod</b>	<b>Turkey Chili</b>
	Served with a Side Salad	Tender Pieces of Beef Sauteed in an Oriental Sauce with Broccoli	Glazed with a Honey Garlic Glaze	Served with Lettuce, Tomatoes, Cheddar Cheese, Sour Cream & Taco Sauce in a Taco Shell	Oven Roasted Cod Cooked in White Wine, Butter & Lemon	Ground Turkey Mixed Together with Beans, Herbs & Spices Served with Tortilla Chips
<b>Cheese Blintzes</b>	<b>Baked Ziti</b>	<b>Three Bean Stew</b>	<b>Mexican Rice Tofu Bowl</b>	<b>Stuffed Rigatoni</b>	<b>Grilled Vegetable Stack</b>	<b>Whole Grain Stew</b>
Topped with a Berry Compote	Ziti Pasta Baked Tossed Together with Ricotta, Mozzarella Cheese & Marinara Sauce Baked Till Melted	Kidney, Black Bean & Navy Bean Stewed Together with an Array of Fresh Vegetables, herbs, Spices & Served with Sour Cream & Diced Onions	Cilantro Lime Rice Accompanied with Crispy Tofu, Black Beans, Corn, Diced Tomatoes, Chopped Cilantro & Finished with an Avocado Ranch Sauce	Tossed Together in a Creamy Pink Sauce	Grilled Eggplant, Zucchini, Squash & Topped with Fresh Mozzarella Baked Till Melted Finished with Balsamic Glaze	Whole Grain Cooked with Peas & Carrots Risotto Style Finished with Heavy Cream & Parmesan Cheese
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Seasonal Mixed Vegetables</b>	<b>Steamed Corn</b>	<b>Cherry Blistered Tomatoes</b>	<b>Steamed Broccoli</b>	<b>Steamed Green Beans</b>	<b>Roasted Squash</b>
<b>Seasonal Vegetables</b>	<b>Krinkle Kut Fries</b>	<b>Rice Pilaf</b>	<b>Sweet Potato Chips</b>	<b>Rice &amp; Beans</b>	<b>Orzo Pilaf</b>	<b>Potato Wedges</b>
<b>Scalloped Potatoes</b>		<b>Tater Tots</b>				
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Fruit Cup</b>	<b>Mandarin Oranges</b>	<b>Cinnamon Apple Sauce</b>	<b>Fresh Grapes</b>	<b>Fruit Cup</b>	<b>Mango Salad</b>	<b>Pear Slices</b>
<b>Chefs Choice</b>	<b>Crumb Cake</b>	<b>Rice Pudding</b>	<b>Scone du Jour</b>	<b>Chocolate Crinkle Cookies</b>	<b>Cranberry Crumble Cake</b>	<b>Cannoli's</b>
<b>NSA Cinnamon Swirl Cake</b>	<b>NSA Vanilla Pudding</b>	<b>NSA Cheesecake</b>	<b>NSA Chocolate Cake</b>	<b>NSA Jello</b>	<b>NSA Brownie</b>	<b>NSA Cookies</b>