

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/31/21	02/01/21	02/02/21	02/03/21	02/04/21	02/05/21	02/06/21
Special Salad		Special Salad		Special Salad		Special Salad
Cous Cous, Squash, Spinach, Cran	Arugula, Kale, Apple, Proscutto	Mixed Greens, Acorn, Squash, Broccoli Slaw	Mixed Greens, Pear, Walnut, Goat Cheese	Mixed Greens Beets, Apples, Almonds	Crudite w Hummus	
Soup du Jour Crab Bisque	Soup du Jour Carrot Ginger Soup (V)	Soup du Jour Italian Wedding Soup	Soup du Jour Cauliflower Leek Soup (V)	Soup du Jour Stracciatelli	Soup du Jour Wild Mushroom Bisque (V)	
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	
Swedish Meatballs	Baked Pork Chops	Beef Stew	Maple Ginger Glaze Salmon	Duck A L'Orange	Beef Braciolo	
Handmade Meatballs Slowly Cooked in a Rich Creamy Sauce	Oven Baked Breaded Pork Chops Cooked Till Golden Brown Served with Apple Sauce	Tender Pieces of Beef Slowly Cooked in a Rich Red Wine Demi with Vegetables & Herbs	Oven Roasted Salmon Topped with Maple Ginger Glaze & Cooked To Perfection	Whole Roasted Ducks Cooked Till Golden Brown Finished with an Orange Glaze	Italian Beef Braciolo Stuffed with Parmesan Cheese, Seasoned Bread Crumbs & Prosciutto Slowly Stewed in	
Braised Chicken Leg	Shrimp Scampi	Cod Cakes	Chicken Tikka Masala	Sweet & Sour Pork	Chicken Marsala	
Topped with Confit of sundried tomatoes, capers garlic.	Sauteed Shrimp in White Wine, Garlic, Butter & Lemon	Flaky Cod mixed with bread crumbs, potato, mustard and seasoning. Served with an avacado sauce.	Bonless Chicken Thighs Marinated in Yogurt & Tandoori Spice Cooked in a Rich Tomato Butter Sauce		Sauteed Chicken with Mushrooms and Marsala Wine	
Wild Mushroom Risotto	Vegetable Korma	Koran Style Battered Cauliflower	General Tso's Tofu	Eggplant Parmesan	Chickpea Cakes	
Creamy Arborio Rice Cooked with Sauteed Wild Mushrooms & Onions & Finished with Heavy Cream	Inidan Vegetable Stewed Topped with Cashews		Battered Tofu Deep Fried Till Golden Brown Tossed in a General Tso Sauce	Breaded Eggplant Seared To Golden Brown Layered with Marinara Sauce & Mozzarella Cheese Baked	Topped with a Yogurt Dill Sauce	
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	
Sauteed Carrots	Braised Red Cabbage	Steamed Brussels Sprouts	Sauteed Bok Choy	Roasted Root Vegetables	Steamed Green Beans	
Steamed Broccoli	Steamed Spinach	Roasted Butternut Squash	Cherry blistered tomatoes	Steamed Green Peas	Lemon Roasted Cauliflower	
Egg Noodles	Jasmine Rice	Yukon Gold Mashed Potatoes	Basmati Rice	Barley Pilaf	Crispy Smashed Potatoes	
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	
Fruit Cup	Apple Slices	Apricots	Mint Fruit Salad	Fruit Cup	Peach Slices	
Molten Lava Cake	Walnut Pie	Apple Crisp	Black Forest Cake	Lemon Glazed Raspberry Pound Cake	New York Style Cheesecake	
NSA Apple Pie	NSA Cranberry Loaf	NSA Blueberry Pie	NSA Blondies	NSA Cherry Pie	NSA Chocolate Pudding	

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Soup du Jour Chicken Pot Pie Soup	Soup du Jour Mexican Tortilla	Soup du Jour Chicken Noodle	Soup du Jour Cheddar Broccoli (V)	Soup du Jour Beef & Barley	Soup du Jour Beer, Cheddar, & Potato Soup	Soup du Jour Vegetable Orzo (V)
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved NYS Sirloin Served with a Diane cream sauce	Bourbon Bacon Pepperjack Burger Tender Juicy Burger Topped with Bacon Jam, Caramelized Onions, & Pepperjack Cheese on a Potato Bun	Grilled Ruben Sandwich	Croque Monsieur Layers of Ham, Cheese & Bechamel Sauce on Top of Country White Panini Pressed Till Golden Brown	Pulled Pork Sandwich Slowly Braised Pork Butts in a Rich BBQ Marinade Shredded & Served on a Potato Bun with Coleslaw	Kendal Pizza Hand Tossed Pizzas	Roast Beef Wrap Fresh Sliced Roast Beef Rolled with Lettuce, Tomato, Cheddar Cheese, Red Onion and Horseradish Cream in a Flour Tortilla
Assored Omelets	Tuna Salad Served with a Side Salad	Beef & Broccoli Stir Fry Tender Pieces of Beef Sauteed in an Oriental Sauce with Broccoli	Grilled Chicken Thighs Glazed with a Honey Garlic Glaze	Beef Tacos Served with Lettuce, Tomatoes, Cheddar Cheese, Sour Cream & Taco Sauce in a Taco Shell	Baked Cod Oven Roasted Cod Cooked in White Wine, Butter & Lemon	Turkey Chili Ground Turkey Mixed Together with Beans, Herbs & Spices Served with Tortilla Chips
Cheese Blintzes Topped with a Berry Compote	Baked Ziti Ziti Pasta Baked Tossed Together with Ricotta, Mozzarella Cheese & Marinara Sauce Baked Till Melted	Three Bean Stew Kidney, Black Bean & Navy Bean Stewed Together with an Array of Fresh Vegetables, herbs, Spices & Served with Sour Cream & Diced Onions	Mexican Rice Tofu Bowl Cilantro Lime Rice Accompanied with Crispy Tofu, Black Beans, Corn, Diced Tomatoes, Chopped Cilantro & Finished with an Avocado Ranch Sauce	Stuffed Rigatoni Tossed Together in a Creamy Pink Sauce	Grilled Vegetable Stack Grilled Eggplant, Zucchini, Squash & Topped with Fresh Mozzarella Baked Till Melted Finished with Balsamic Glaze	Whole Grain Stew Whole Grain Cooked with Peas & Carrots Risotto Style Finished with Heavy Cream & Parmesan Cheese
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Seasonal Mixed Vegetables	Steamed Corn	Cherry Blistered Tomatoes	Steamed Broccoli	Steamed Green Beans	Roasted Squash
Seasonal Vegetables	Krinkle Kut Fries	Rice Pilaf	Sweet Potato Chips	Rice & Beans	Orzo Pilaf	Potato Wedges
Scalloped Potatoes						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Fruit Cup	Mandarin Oranges	Cinnamon Apple Sauce	Fresh Grapes	Fruit Cup	Mango Salad	Pear Slices
Chefs Choice	Crumb Cake	Rice Pudding	Scone du Jour	Chocolate Crinkle Cookies	Cranberry Crumble Cake	Cannoli's
NSA Cinnamon Swirl Cake	NSA Vanilla Pudding	NSA Cheesecake	NSA Chocolate Cake	NSA Jello	NSA Brownie	NSA Cookies