

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
01/00/00	10/26/20	10/27/20	10/28/20	10/29/20	10/30/20	10/31/20	
Special Salad		Special Salad		Special Salad		Special Salad	
Cous Cous, Squash, Spinach, Cran		Arugula, Kale, Apple, Proscutto		Mixed Greens, Acorn, Squash, Broccoli Slaw		Mixed Greens, Pear, Walnut, Goat Cheese	
Mixed Greens Beets, Apples, Almonds		Crudite w Hummus					
Soup du Jour Roasted Cauliflower Soup		Soup du Jour Cream of Carrot (Veg)		Soup du Jour Sausage, Kale & White Bean Soup		Soup du Jour Red Lentil	
Soup du Jour French Onion		Soup du Jour Harvest Pumpkin (VEG)					
Entrees Beef Bourguignon		Entrees Stuffed Pork Tenderloin		Entrees Meat Lasagna		Entrees Apple Bourbon Pork Prime Rib	
Tender Pieces of Beef Stewed Together in a Rich Red Wine Demi with Onions, Carrots, Herbs, Spices & Mushrooms		Pork Tenderloin Butterfly & Stuffed with Mushrooms, Spinach & Bacon Finished with a Pork Jus		Layers of Pasta Topped with Bolognese Meat Sauce, Ricotta, & Fresh Mozzarella Baked Till Golden Brown		Bone-in Pork Glazed with Apple Bourbon Sauce & Finished with Caramelized Apple Compote	
Tender Pieces of Veal Thinly Pound Breaded & Seared To Golden Brown Topped with a Lemon Caper Sauce		A Mixture of Ground Beef with Herbs & Spices Cooked Till Golden Brown Topped with a Whiskey Glaze BBQ Sauce					
Roasted Cod		Chicken Fricassee		Sole Meuniere		Chicken Marsala	
Oven Roasted Cod Topped with a White Wine, Garlic, Tomato & Basil Sauce		Roasted Chicken with Vegetables & Finished with a Chicken Veloute		Pan-seared Sole Topped with a Brown Butter Sauce		Pan-seared Chicken Breast To Golden Brown Topped with a Mushroom Marsala Sauce	
Marinated Shrimp Sauteed Till Golden on Top of Creamy Grits		Marinated Whole Chickens with Garlic, Italian Parsley, & Red Pepper Flakes Cooked Till Golden Brown					
Tofu & Broccoli Farro Stir Fry		Roasted Chile Rellenos		Beyond Beef Shepherd's Pie		Indian Vegetable Dumplings	
Golden Tofu & Crisp Broccoli Stir Fry Together with Farro & Oriental Sauce		Stuffed Poblano Pepper with Black Beans, Tomatoes, Corn, Queso Fresco & Topped with		Plant Based Protein Mixed Together with Vegetables & Lentils Topped with Creamy Mashed Potatoes Baked Till		A Vegetable Croquette with Indian Spices Cooked in a Curry Tomato Sauce	
Tunisian Chickpeas Stewed Together with Kale, Carrots, Tomatoes & Onions		Agnolotti Pasta Filled with Ricotta & Mozzarella Tossed with Wild Mushrooms & Spinach					
Accompaniments Sauteed Spinach		Accompaniments Roasted Brussel Sprouts		Accompaniments Roasted Squash		Accompaniments Roasted Root Vegetables	
Butternut Squash		Glazed Beets		Steamed Broccoli		Baby Bok Choy	
Egg Noodles		Roasted Sweet Potatoes		Barley Pilaf		Basmati Rice	
Accompaniments Rainbow Carrots		Accompaniments Cherry Blistered Tomatoes					
Steamed Green Beans		Steamed Green Peas					
Creamy Grits		Mashed Potatoes					
Desserts Pineapple		Desserts Apple Slices		Desserts Pears		Desserts Mojito Fruit Salad	
Red Velvet Cake		Tuxedo Chocolate Cake		NY Style Cheesecake		Pumpkin Pie	
NSA Blueberry Pie		NSA Cherry Pie		NSA Brownie		NSA Chocolate Cream Pie	
Desserts Mango Salad		Desserts Orange Segments					
Rice Pudding		Chocolate Raspberry Tart					
NSA Apple Pie		NSA Cheesecake					

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<i>Soup du Jour</i> Broccoli Cheddar	<i>Soup du Jour</i> Pasta Fagiola	<i>Soup du Jour</i> Black Bean Soup	<i>Soup du Jour</i> Vegetable Barley Soup	<i>Soup du Jour</i> Mexican Tortilla	<i>Soup du Jour</i> Country Vegetable Soup	<i>Soup du Jour</i> Potato & Leek Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
<i>Cedar Plank Salmon</i>	<i>Southern Smokehouse Burger</i>	<i>Meatball Parmesan</i>	<i>Cubano</i>	<i>Maple Turkey BLT Club</i>	<i>Kendal Pizza</i>	<i>Black Bean Burger</i>
Topped with a Tomato Caper Relish	A Juicy Burger Grilled To Perfection Topped with Choice of Cheese, Fried Onions, Lettuce, Tomato & BBQ Sauce	A Mixture of Ground Beef with Italian Herbs Braised in Marinara Sauce Served on a Hoagie Roll Finished with Mozzarella Cheese	Tender Roast Pork, Cured Ham, Pickles, Swiss Cheese & Dijonnaise on Club Roll Pressed on a Panini To Golden Perfection	Thinly Sliced Maple Turkey Accompanied with Crispy Bacon, Lettuce, & Tomato on Sourdough Pressed on a Panini Till Golden Brown	Hand Tossed Pizza's	Served with Lettuce, Tomato, Pepperjack Cheese & Avocado Aioli on a Potato Bun
<i>Omelet Station</i>	<i>Grilled Chicken, Apple & Grape Salad</i>	<i>Fish & Chips</i>	<i>Mexican Chicken Rice Bowl</i>	<i>Al Pastor Tacos</i>	<i>Baked Flounder</i>	<i>Fried Chicken</i>
	Marinated Chicken Grilled & Tossed with Julienne Apples, Grapes, Cucumbers & Mixed Together with Champagne	Beer Battered Cod Served with French Fries	Mojito Lime Chicken Accompanied with Black Beans, Corn, Avocado, Shredded Cheese & Finished with Salsa on a Bed	Tender Pork in a Sweet & Savory Marinade Slowly Braised Till Fork Tender on Soft Tortillas Topped with Diced Pineapple, Pickled	Topped with Butter, Lemon and White Wine	Oven Baked Chicken Baked Till Golden Brown
<i>Cheese Blintzes</i>	<i>Cheese Ravioli</i>	<i>Broccoli & Cheddar Quiche</i>	<i>Potato & Cheddar Perogies</i>	<i>Tomato, Basil & Portabello Caprese</i>	<i>Penne A La Vodka</i>	<i>Ramen Stir Fry</i>
Topped with a Berry Sauce	Topped with Marinara Sauce	A Savory Egg Battered Mixed Together with Chopped Broccoli & Cheddar Cheese Served with a Side Salad	Topped with Caramelized Onions	Tomato, Portabello, Basil & Mozzarella Stack Cook To Perfection Finished with Balsamic Glaze	Penne Pasta Tossed Together with a Creamy Tomato Sauce	Ramen Noodles Tossed Together with Vegetables & Oriental Sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
<i>Bacon & Sausage Patties</i>	<i>Roasted Zucchini</i>	<i>Chef's Blend Vegetables</i>	<i>Green Beans</i>	<i>Street Corn</i>	<i>Mixed Garden Vegetables</i>	<i>Steamed Spinach</i>
<i>Seasonal Vegetables</i>	<i>Sweet Potato Fries</i>	<i>French Fries</i>	<i>Potato Chips</i>	<i>Rice & Beans</i>	<i>Orzo Pilaf</i>	<i>Potato Wedges</i>
<i>Wild Rice</i>					<i>Garlic Bread</i>	<i>#REF!</i>
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
<i>Peaches</i>	<i>Fruit Salad</i>	<i>Grapes</i>	<i>Mandarin Oranges</i>	<i>Applesauce</i>	<i>Apricot Halves</i>	<i>Fruit Cup</i>
<i>Chef's Choice Desserts</i>	<i>Lemon Blueberry Pound Cake</i>	<i>Biscotti</i>	<i>Cupcake Du Jour</i>	<i>Gingersnap Cookies</i>	<i>Chocolate Eclairs</i>	<i>Cream Puffs</i>
<i>NSA Vanilla Pudding</i>	<i>NSA Blondies</i>	<i>NSA Chocolate Cake</i>	<i>NSA Chocolate Pudding</i>	<i>NSA Jell-O</i>	<i>NSA Cookies</i>	<i>NSA Red Velvet Cake</i>