

LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02/13/22	02/14/22	02/15/22	02/16/22	02/17/22	02/18/22	02/19/22
SoupduJour Chicken and Rice	Soup duJour Vegetable Orzo (V)	SoupduJour Beef Noodle	SoupduJour Traditional Gumbo	SoupduJour Lentil & Spinach Soup (V)	Soup duJour Chicken & Dumpling	Soup duJour Split Pea Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved Ham GF	Smoked Turkey Sandwich GFA	Pulled Pork Quesadillas GFA	Buffalo Chicken Wrap GFA	Rueben GFA	Kendal Pizza	Steak and Cheese 'GFA
	Thinly Sliced Smoked Turkey Breast with Melted Cheddar, Fresh Tomatoes, & Bacon Served on a Sourdough Roll	Shredded BBQ Pork, Cheddar Cheese, and Sauteed onions. Served with Sour Cream and Salsa	Crispy Chicken Tenders-tossed in Hot Sauce, with Chopped Tomatoes, S redded lettuce and Blue Cheese Dressing	Sauerkraut, Russian Dressing, Swiss Cheese on Rye	House Made Cheese Pizza's	Thinly Sliced Beef, Onions, Peppers, and Provolone Cheese
Assorted Omelets and Pancakes	Cheese Ravioli with Bolognaise	Greek Salad with Grilled Chicken GF	Beef Empanada	Grilled Chicken BLT Salad	Fish and Chips	Chicken & Broccoli Stir Fry
	Ricotta Filled Pasta with a House Made Meat Sauce	Tomatoes, Cucumbers, Shaved Red Onions, Kalamata Olives, Feta	A Mixture of Ground Beef, Herbs & Spices Baked in Empanada Dough	Grilled Chicken, iceberg wedge; tomatoes, bacon, crumbled blue cheese, and	Battered fish, lemon wedge, coleslaw and tartar sauce	Crispy Chicken Tossed Together with Broccoli in a Stir Fry Sauce
Cheese Blintzes	Sundried Tomato & Swiss Cheese Quiche	Indian Samosas	Mexican Burrito Vegetable Rice Bowl GF	Southwest Vegetable Chili GF	Sweet and Sour Tofu Stir Fry	Stuffed Rigatoni Pasta
Served with a Berry Compote	Sundried Tomato & Swiss Cheese Mixed Together in a Savory Egg Battered in a Tart Shell Baked Till Golden Brown	Served with a Mango Sauce	Cilantro Lime Rice Topped with Black Beans, Pico de Gallo, Roasted Corn & Tofu Finished with a Drizzle of Guacamole	Mixed Vegetables with Herbs & Spices, Served with Tortilla Chips	Tofu, Peppers, Onions, and Pineapple. in a Sweet Stir Fry Sauce	Cheese stuffed pasta with a vodka sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Steamed Broccoli	Roasted Zucchini	Pacific Vegetables	Peas & Carrots	Sauteed Squash mix	Green Beans
Mixed Vegetables	Potato Chips	Cilantro Lime Rice	Sweet Potato Fries	Tater Tots	Steak Fries	Steamed White Rice
Sweet Potato Mash						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts	Assorted Cupcakes	Strawberry Mousse	Lemon Raspberry Pound Cake	Fresh Baked Cookies	Chocolate mousse	Brownies
Cranberry Orange Cake NSA	NSA Chocolate Cream Pie	NSA Vanilla Pudding	NSA Jello	NSA Chocolate Puddint,	NSA Red Velvet	NSA Blondies

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02/14/22	02/15/22	02/16/22	02/17/22	02/18/22	02/19/22
Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
Strawberry and Goat Cheese Salad with White Balsamic Dressing	Asian Salad Mix, Oranges, Almonds, Toasted Sesame Dressing	Baby Kale, Cucumber, Red Onions, Apricot, Pecan, Champagne Vinaigrette	Pomegranate, Pear, Celeriac, Blood Orange Vinaigrette	Greens, Roasted Beets, Goat Cheese, Raspberry Vinaigrette	Arugula Mix, Cherry Tomatoes, Artichokes, Olives, Shaved Parm, Red wine Vinaigrette
SoupduJour Mauligatawny Soup. (V)	SoupduJour Chicken Noodle	SoupduJour Farro and Chickpea Soup(V)	SoupduJour Italian Wedding Soup	SoupduJour NE Clam Chowder	Soup duJour Butternut Squash Bisque
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
French Cut Chicken Breast GF	Roasted Pork ShoulderGF	Teriyaki Pork Stir Fry	Beef Quesadil/a	Asian Pepper Steak	Mediterranean Chicken GF
Cremini Mushroom Duxelle, Madeira Wine Demi	Dry rubbed and served with a honey garlic sauce	Tender Pork with Broccoli, Onions, and Peppers in an Stir Fry Sauce	Sliced Beef, Onions, and Peppers in a Tortilla. Served with Salsa and Sour Cream	Sliced Beef, Onions, Peppers, with an Asian Sauce	Artichokes, Roasted Tomatoes, Portobello Mushrooms, Chicken Veloute
Scallop and Shrimp Stuffed Sole	Caribbean Style Chicken GF	Chicken Tikka Masala GF	Oven Roasted Cod GF	Fresh Catch of the Day	Beef Braised Short Ribs GF
Sherry Cream Sauce	Chicken Thighs, Slow Cooked with island seasoning	Marinated Chicken Thighs in tomato and Indian Spices	With a Lemon Butter Sauce		Slowly Braised Beef Short Ribs in a Rich Red Wine Demi with Herbs, Spices &
Marinated Roasted Eggplant GF	Lentil Caponata GF	Creamy Mushroom Polenta GF	Stir Fry Tofu and Vegetables GF	Eggplant Rollatini	Mushroom Ravioli
Greek Yogurt Sauce	A Traditional Sicilian Dish with Eggplant, Tomato, Lentil, and Celery	Creamy Cornmeal with fresh Mushrooms	Tofu, and Asian vegetables	Breaded Eggplant Stuffed with Ricotta Cheese	Truffle and Parmesan Sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Steamed Asparagus	Vegetable Medley	Baby Bok Choy	Steamed Broccoli	Spinach	Asparagus
Rainbow Vegetables	Plantains	Onions	Zucchini and Yellow Squash	Roasted Carrots	Cauliflower
Saffron Rice	Rice and Beans	Basmati Rice	Baked Sweet Potato	Jasmine Rice	Roasted Potatoes
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Choe. Toffee Bread Pudding	Pumpkin Cheesecake	Tiramisu	Flan	Carrot Cake	Chocolate Peanut Butter Cake
NSA Dessert	NSA Peach Pie	NSA Lemon Cake	NSA Cherry Pie	NSA Cherry Pie	NSA Dessert