

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09112121	09113121	09114121	09115121	09116121	09117121	09118121
Soup duJour Broccoli & Cheddar Cheese Soup	Soup duJour Manhattan Clam Chowder	Soup duJour Chicken Soup with Rice	Soup duJour Lentil Soup (V)	Soup duJour Minestrone (V)	Soup duJour Hearty Vegetable (V)	Soup duJour Chicken Noodle Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Cedar Plank Salmon GF	Mediterranean Chicken Wrap GFA	Ruben Sandwich	Chicken Parmesan Wedge	Black Jack Burger GFA	Kendal Pizza GFA	Turkey Club Wrap
Glazed Whole Salmon Sides, Topped with a Tomato Capers Relish	Grilled Chicken Breast, Kalamata Olives, Feta Cheese, Lettuce, Tomato, & Purple Onion with a Greek Vinagrette Dressing in a Pita Shell	Thinly Sliced Corned Beef, Swiss Cheese, Sauerkraut, & Thousand Island Dressing, Grilled on Rye Bread	Breaded Chicken, Tomato Sauce, and Mozzarella Cheese on a Wedge Roll	Angus Beef Burger with Melted Jack Cheese, Lettuce, Tomato, Onion, and a Creole Mustard Mayonaise	Handmade Pizza's	Sliced Turkey, Bacon, Lettuce, Tomato, & Mayonaise in a Wrap
Cheese Blintzes	Fish & Chips	Trio of Salads GF	Cirtus Baked Sole GF	Chicken, Watermelon, &	Chicken Fingers	Rigatoni Bolognaise
Served with a Berry Compote	Battered White Fish Fried and Served with French Fries	Egg Salad, Chicken Salad, and Tuna Salad over a bed of Field Greens	Sole Filets in a Light Citrus Cream Sauce	Grilled Chicken over Fresh Arugula Tossed with Watermelon, Purple Onion, Almond, & Mint +Dressing	Boneless Breaded Chicken Tenders	Pasta in a Creamy Meat Sauce
Assorted Omelets and Pancakes	Three Sisters Stew GF	Penne Alfredo	Sweet & Sour Cauliflower	Zoodles with Pesto	Grilled Portabel/o Mushroom Stack GF	Mushroom & Onion Quiche
	A vegetarian Stew with Corn, Beans, Tomatoes, Squash, & Herbs	Penne Pasta in a Creamy Sauce	Breaded Cauliflower in a Sweet & Sour Sauce	Fresh Zucchini Noodles with a Basil Sauce	Grilled Portabello Mushroom topped with Zucchini, Tomato, Eggplant, and Mozzerella, served with Balsamic Glaze	Flaky Pie Crust with Egg, Mushrooms, & Onions
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Steamed Broccoli	Roasted Zucchini	Chef's Blend Vegetables	Cole Slaw	Mixed Vegetables	Vegetable Medley
Chef's Blend Vegetables						
Roasted Red Potatoes	French Fries	Potato Chips	Rice	Roasted Potatoes	Potato Wedges	Sweet Potato Fries
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
	Apple Sauce	Cantaloupe Slices	Plums	Grapes	Pears	Mandarin Oranges
Assorted Desserts	Blueberry Pound Cake	Lemon Bars	Brownies	Snicker Doodle Cookies	Raspberry Pound Cake	Indian Rice Pudding
NSA Apple Pie	NSA Chocolate Pudding	NSA Peach Pie	NSA Lemon Cake	NSA Je/1-0	NSA Cookies	NSA Lemon Meringue Pie

DINNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09112121	09113121	09114121	09115121	09116121	09117121	09118121
Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
Spinach, Quinoa, Berries, Honey Balsamic	Kale, Goat Cheese, Walnut, Cran, Rasp Vin	Wedge, Blue Cheese, Bacon, Creamy Parm	Corn & Black Bean, Lime Cilantro Vin	Asian Salad, Sesame Vinagrette	Caprese Salad	
Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour
Tuscan Bean Soup (V)	Mushroom Bisque (V)	Mexican Tortilla Chicken Soup	Chilled Gaspacho Soup (V)	Greek Chicken Soup with Rice and Lemon	Summer Corn Soup (V)	
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Francaise	Pork Medallions	Branzino GF	Grilled Shrimp Nicoise Salad GF	Mussels Marinara	Pesto Crusted Arctic Char	
Chicken Breast in a White Wine, Lemon Butter Sauce	With green Mango Salsa	Mediterranean Sea Bass	Grilled Shrimp over a bed of Lettuce with Hard Cooked Egg and Hericot Verts, Served with a Champagne Vinagrette Dressing	Fresh Mussels in a Brothy Tomato Sauce	Arctic Char with a Pesto Panko Topping	
Spaghetti Bolognaise GFA	Carved Turkey Breast GF	Indian Chicken Curry GF	BBQ Brisket of Beef GF	Chicken Bruchetta GF	Beef Tips and Mushrooms in BurgundyGF	
Pasta Tossed with Homemade Meat Sauce	Served with Gravy or Cranberry Sauce	Tender Chicken Thighs Stewed with Curry and Potatoes	Brisket Slow Cooked in a Tangy BBQ Sauce	Chicken Breast Topped with Fresh Tomato, Onion, Basil, and Fresh Mozzarella	Tender Beef Tips with Mushrooms and Pearl Onions in a Red Wine Demi	
Corn Cakes	Roasted Vegetable Cassoulet GF	Broccoli & Cheddar Quiche	Pappardel/e with Mushrooms	Vegetable Moussaka	Ginger Orange Grilled Tofu GF	
Served with a Summer Salsa	Roasted Vegetables and White Beans in a tomato casserole	Egg, Broccoli, and Cheese in a Flaky Pie Crust	In a Cream Sauce	Eggplant, Potatoes, Onions, Lentils, and spices in a Layered Casserole Topped with Bechamel Sauce	Grilled Tofu Steaks with a Ginger Orange Sauce	
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	
Sauteed Spinach & Garlic	Garlic Green Beans	Asparagus	Vegetable Medley	Roasted Pearl Onions	Sauteed Spinach	
Steamed Carrots	Steamed Vegetable Medley	Corn O'Brien	Cole Slaw	Steamed Broccoli	Carrots	
Farro Pilaf	Baked Sweet Potato	Basmati Rice	Roasted Potatoes	Cappelini	Truffle Mashed Potatoes	
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	
Chocolate Strawberry Cake	Lemon Raspberry Cake	Napoleon Cake	Fruit of the Forest Pie	Brownie Cheesecake	Tiramisu	
NSA Red Velvet Cake	NSA Apple Pie	NSA Cheesecake	NSA Blueberry Pie	NSA Carrot Cake	NSA Cherry Pie	