

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
03113122	03114122	03115122	03116122	03117122	03118122	03119122
Soup du Jour Chicken and Rice	Soup du Jour Vegetable Orzo (V)	Soup du Jour Beef Noodle	Soup du Jour Traditional Gumbo	Soup du Jour Lentil & Spinach Soup (V)	Soup du Jour Chicken & Dumpling	Soup du Jour Split Pea Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved Ham GF	Smoked Turkey Sandwich GFA	Pulled Pork Quesadillas GFA	Buffalo Chicken Wrap GFA	Rueben GFA	Kendal Pizza	Steak and Cheese GFA
	Thinly Sliced Smoked Turkey Breast with Melted Cheddar, Fresh Tomatoes, & Bacon Served on a Sourdough Roll	Shredded BBQ Pork, Cheddar Cheese, and Sautéed onions. Served with Sour Cream and Salsa	Crispy Chicken Tenders tossed in Hot Sauce, with Chopped Tomatoes, Shredded lettuce and Blue Cheese Dressing	Sauerkraut, Russian Dressing, Swiss Cheese on Rye	House Made Cheese Pizza's	Thinly Sliced Beef, Onions, Peppers, and Provolone Cheese
Assorted Omelets and Pancakes	Cheese Ravioli with Bolognese	Greek Salad with Grilled Chicken GF	Beef Empanada	Grilled Chicken BLT Salad	Fish and Chips	Chicken & Broccoli Stir Fry
	Ricotta Filled Pasta with a House Made Meat Sauce	Tomatoes, Cucumbers, Shaved Red Onions, Kalamata Olives, Feta	A Mixture of Ground Beef, Herbs & Spices Baked in Empanada Dough	Grilled Chicken, iceberg wedge, tomatoes, bacon, crumbled blue cheese, and dressing	Battered fish, lemon wedge, coleslaw and tartar sauce	Crispy Chicken Tossed Together with Broccoli in a Stir Fry Sauce
Cheese Blintzes	Sundried Tomato & Swiss Cheese Quiche	Indian Samosas	Mexican Burrito Vegetable Rice Bowl GF	Southwest Vegetable Chili GF	Sweet and Sour Tofu Stir Fry	Stuffed Rigatoni Pasta
Served with a Berry Compote	Sundried Tomato & Swiss Cheese Mixed Together in a Savory Egg Battered in a Tart Shell Baked Till Golden Brown	Served with a Mango Sauce	Cilantro Lime Rice Topped with Black Beans, Pico de Gallo, Roasted Corn & Tofu Finished with a Drizzle of Guacamole	Mixed Vegetables with Herbs & Spices, Served with Tortilla Chips	Tofu, Peppers, Onions, and Pineapple, in a Sweet Stir Fry Sauce	Cheese stuffed pasta with a vodka sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Steamed Broccoli	Roasted Zucchini	Pacific Vegetables	Peas & Carrots	Sauteed Squash mix	Green Beans
Mixed Vegetables	Potato Chips	Cilantro Lime Rice	Sweet Potato Fries	Tater Tots	Steak Fries	Steamed White Rice
Sweet Potato Mash						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts	Assorted Cupcakes	Strawberry Mousse	Lemon Raspberry Pound Cake	Fresh Baked Cookies	Chocolate mousse	Brownies
Cranberry Orange Cake NSA	NSA Chocolate Cream Pie	NSA Vanilla Pudding	NSA Je/1-0	NSA Chocolate Pudding	NSA Red Velvet	NSA Blondies

SUNDAY
03/13/22

MONDAY 03/14/22	TUESDAY 03/15/22	WEDNESDAY 03/16/22	THURSDAY 03/17/22	FRIDAY 03/18/22	SATURDAY 03/19/22
Special Salad Strawberry and Goat Cheese Salad with White Balsamic Dressing	Special Salad Asian Salad Mix, Oranges, Almonds, Toasted Sesame Dressing	Special Salad Baby Kale, Cucumber, Red Onions, Apricot, Pecan, Champagne Vinaigrette	Special Salad Pomegranate, Pear, Celeriac, Blood Orange Vinaigrette	Special Salad Greens, Roasted Beets, Goat Cheese, Raspberry Vinaigrette	Special Salad Arugula Mix, Cherry Tomatoes, Artichokes, Olives, Shaved Parm, Red Wine Vinaigrette
Soup du Jour Hearty Vegetable Soup (V)	Soup du Jour Chicken Noodle	Soup du Jour Farro and Chickpea Soup (V)	Soup du Jour Irish Potato and Leek Soup (V)	Soup du Jour NE Clam Chowder	Soup du Jour Butternut Squash Bisque
Entrees Beef Quesadilla	Entrees Roasted Pork Shoulder GF	Entrees Teriyaki Pork Stir Fry	Entrees Traditional Corned Beef GF	Entrees Asian Pepper Steak	Entrees Mediterranean Chicken GF
Sliced Beef, Onions, and Peppers in a Tortilla. Served with Salsa and Sour Cream	Dry rubbed and served with a honey garlic sauce	Tender Pork with Broccoli, Onions, and Peppers in an Stir Fry Sauce	Slow Cooked Corned Beef	Sliced Beef, Onions, Peppers, with an Asian Sauce	Artichokes, Roasted Tomatoes, Portobello Mushrooms, Chicken Veloute
Oven Roasted Cod GF	Caribbean Style Chicken GF	Chicken Tikka Masala GF	Honey Mustard Chicken	Fresh Catch of the Day	Beef Braised Short Ribs GF
With a Lemon Butter Sauce	Chicken Thighs, Slow Cooked with island seasoning	Marinated Chicken Thighs in tomato and Indian Spices	Braised Chicken Thighs with a Dijon Sauce		Slowly Braised Beef Short Ribs in a Rich Red Wine Demi with Herbs, Spices &
Stir Fry Tofu and Vegetables	Lentil Caponata GF	Creamy Mushroom Polenta GF	Vegan Shepherd's Pie GF	Eggplant Rollatini	Mushroom Ravioli
Tofu, and Asian vegetables	A Traditional Sicilian Dish with Eggplant, Tomato, Lentil, and Celery	Creamy Cornmeal with fresh Mushrooms	Made with "Beyond Beef"	Breaded Eggplant Stuffed with Ricotta Cheese	Truffle and Parmesan Sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Steamed Broccoli Zucchini and Yellow Squash	Vegetable Medley Plantains	Baby Bok Choy Onions	Braised Cabbage Guinness Glazed Carrots	Spinach Roasted Carrots	Asparagus Cauliflower
Baked Sweet Potato	Rice and Beans	Basmati Rice	Mashed Parsnip Potatoes	Jasmine Rice	Roasted Potatoes
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Key Lime Pie	Napoleon Cake	Hamantashen Cookies	Bailey's Cake	Carrot Cake	Chocolate Peanut Butter Cake
NSA Cherry Pie	NSA Peach Pie	NSA Lemon Cake	NSA Dessert	NSA Cherry Pie	NSA Dessert