

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10/09/22	10/10/22	10/11/22	10/12/22	10/13/22	10/14/22	10/15/22
Soup du Jour Roasted Corn Chowder	Soup du Jour Black Bean (V)	Soup du Jour Italian Wedding Soup	Soup du Jour Chicken Tortilla Soup	Soup du Jour Vegetable (V)	Soup du Jour Lentil	Soup du Jour Pasta Fagioli (G)
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved New York Strip Filet GF	Blackened Chicken Fajita Quesadilla GFA	Roast Beef Wrap GFA	Turkey Burger GFA	BBQ Beef Brisket GFA	Kendal Pizza GFA	Chili Dogs GFA
Served with a Peppercorn Demi Glace	Cajun Seasoned Chicken Breast, Peppers, Onions, & Cheddar Cheese Grilled in a Tortilla	Roast Beef with Lettuce, Tomato, Onions, & Cheddar Cheese with a Horseradish Cream Sauce	Honey mustard sauce, lettuce and tomato on a pretzel bun	Beef brisket slow cooked till tender in BBQ sauce served on a fresh baked roll	Handmade Pizza's	All Beef Hot Dogs topped with Chili
Eggs Benedict	Shrimp Louis Salad GF	Chicken Alfredo Pasta	Fish of the Day	The South Meets Asia Salad GF	Fried Chicken	Tortilla Crusted Tilapia
Poached egg, toasted English muffin, Canadian bacon and hollandaise sauce	Shrimp salad in a creamy dressing garnished with cooked eggs served over mixed greens	Grilled Chicken , alfredo sauce and penne pasta	A seafood offering	Grilled Chicken, Black Bean + Corn Salsa, Tomatoes. Chopped romaine lettuce and cucumber dressing	Southern Style Breaded Fried Chicken	Filet of tilapia crusted with tortilla chips and herbs
Pasta Primavera	Southwest Vegetable Chili GF	Grilled Eggplant Tower GF	Stuffed Shells	Vegetable Pot Stickers	Grilled Tofu Pesto GF	Pierogies
Sliced peppers, onions, zucchini, tomatoes and spinach tossed in a light tomato velouté	Stewed Vegetables, Herbs, Spices, topped with Sour Cream, Red Onions, and Cheddar Cheese	Grilled eggplant, tomatoes, provolone and muenster cheese	Pasta Shells Filled with Ricotta Cheese and served with Tomato Sauce	Asian Dumplings Filled with Vegetables and Served with a Sweet Soy Sauce	Toasted Pinenuts, Sundried Tomatoes, and Balsamic Glaze	Pasta Pillows Filled with Potato, served with Onions
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Roasted Vegetables	Broccoli & Red Peppers	Steamed Vegetable Medley	Steamed Green Beans	Sauteed Zucchini	Sweet Peas and Carrots	Corn O'Brien
Potatoes au Gratin	Onion Rings	Crinkle Cut Fries	Roasted Potato Wedges	Barley Pilaf	Cornbread	Curly Fries
Bacon and Sausage						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts	Blueberry Pound Cake	Cheesecake	Chocolate Chip Brownie	Lemon Bars	Sour Cream Coffee Cake	Pumpkin Pie
NSA Cranberry Orange Cake	NSA Chocolate Pudding	NSA Cookies	NSA Lemon Meringue Pie	NSA Cinnamon Swirl	NSA Chocolate Cream Pie	NSA Cookies

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	Soup du Jour Coconut Curry Lentil Soup (V)	Soup du Jour Chicken Succotash	Soup du Jour Tortellini, Sausage and Kale	Soup du Jour Cauliflower and Potato Soup (V)	Soup du Jour Carrot and Parsnip (V)	Soup du Jour Manhattan Clam Chowder
	Special Salad Roasted Beet & Goat Cheese	Special Salad Asian Salad	Special Salad Fall Quinoa Salad	Special Salad Baby Kale Salad	Special Salad Classic Wedge	Special Salad Baby Arugula
	Entrees Chicken Teriyaki	Entrees Fall Kielbasa Sausage Skillet GF	Entrees Beef Brisket GF	Entrees Traditional Lasagna	Entrees Confit of Duck Leg GF	Entrees Bash Burger GFA
	Marinated chicken thighs coated with a Teriyaki Glaze	Kielbasa sausage , onions. Peppers, potatoes and apples with a pan gravy	Slow cooked beef brisket with a rich brown sauce	Ground beef, ricotta cheese, Tomato sauce and mozzarella cheese layered between sheets of pasta	Cherry and Shallot Compote	American cheese, bacon jam, pickles, garlic aioli
	Cajun Shrimp Pasta	Fresh Catch	Mediterranean Chicken GF	Applewood Smoked Ham GF	Roasted Cod Provencal	Roasted Chicken GF
	Peppers, onions, spinach, garlic cream sauce with a farfalle pasta	A fresh Seafood Offering	Searred Chicken Thighs topped with Tomatoes, Artichokes. Olives and a Pan Gravy	Slow cooked sliced ham served with a orange plum sauce	Cod filets baked and topped with white wine, tomatoes, garlic and bread crumbs	Fresh herb marinated Chicken
	Vegetable Korma GF	Spinach and Artichoke Stuffed Spaghetti Squash	Tofu Parmesan GF	Stuffed Portobello Mushroom GF	Zoodles and Pesto GF	French Onion Quiche
	Mixed Vegetables in an Indian Curry Sauce	Roasted spaghetti squash stuffed with spinach artichokes, and parmesan	Breaded tofu served over tomato sauce and topped with mozzarella cheese	with Eggplant, Roasted Peppers, Tomato, Basil, and Mozzarella	Zucchini Sautess with Cherry Tomatoes, and garlic	Savory Tart Shell with Egg, Onion, and Swiss Cheese
	Accompaniments Baby Bok Choy	Accompaniments Roasted Butternut Squash	Accompaniments Asparagus	Accompaniments Steamed Broccoli	Accompaniments Sauteed Swiss Chard	Accompaniments Mixed Grilled Vegetables
	Steamed Carrots	Green Peas	Beets	Barley Pilaf	Steamed Peas	Coleslaw
	Basmati Rice	Creamy Polenta	Smashed Potatoes	Roasted Potatoes	Roasted Potatoes	Potato Wedges
	Desserts Rocky Road Chocolate Cake	Desserts Fresh Fruit	Desserts Toasted Almond Cake	Desserts Apple Crisp	Desserts Pumpkin Cheesecake	Desserts Chocolate Trio Mousse Cake
	NSA Cherry Pie	NSA Chocolate Treat	Sugar Free Apple Cake	NSA Cherry Almond Cake	NSA Red Velvet Cake	NSA Lemon Meringue