

Kendal on Hudson SPOTLIGHT

Events: Week of February 5 , 2024

For more on resident life at Kendal on Hudson go to www.kohresweb.org

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|--------------------|-----------------------|--|---|
| Mon 2/5 | 8:00 | Annual Memorial Service (postponed, see page 3) Movie: BRICK LANE (2007, 1h 42m) Set in the 80s, this drama follows young Nazeem from Bangladesh, as she travels to London for an arranged marriage to an older man. | Ch 970 |
| Tue 2/6 | 1:30 8:00 | Shopping: Tarrytown 9:30 – 11:00 and 1:00 – 2:30 Course: “Early 19 th Century European Art – Neoclassicism: Jacques-Louis David,” Instructor, Prof. Morgan Ridler (by subscription) Movie: THE HOURS (2002, 1h 50m) The story of how the novel <i>Mrs. Dalloway</i> affects three generations of women all of whom, in one way or another, have had to deal with suicide in their lives. | GR Ch 970 |
| Wed 2/7 | 5:00 8:00 | Sip and Snack (see page 4) Movie: THE SEVENTH SEAL (1957, 1h 36m) A knight returning to Sweden after the Crusades seeks answers about life, death & the existence of God as he plays chess against the Grim Reaper during the Black Plague. | GR Ch 970 |
| Thu 2/8 | 7:30 8:00 | Movie: BEDAZZLED (1967, 1h 43m) A loser sells his soul to the Devil for seven wishes, but has trouble getting the girl of his dreams. Original cast. Peter Cook, Dudley Moore, Raquel Welch. Movie: HELLO DOLLY (1969, 2h 26m) Matchmaker Dolly Levi seeks to find a partner for “half-millionaire” Horace Vandergelder. | GR Ch 970 |
| Fri 2/9 | 11:00 5:00 8:00 | Shoprite/Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00 Low Vision Help Committee: Open Meeting (see page 4) Sip and Snack Movie: BEDAZZLED (See Thursday’s description). | GR GR Ch 970 |
| Sat 2/10 | 1:00 8:00 | Opera: Otello by Giuseppe Verdi (see page 4) Movie: VICTOR BORGE; COMEDY AND MUSIC (1956, 1h) Rare footage from the Borge family vault makes for an unforgettable program. | GR Ch 970 |
| Sun 2/11 | 2:00 8:00 | Concert: Thomas Mesa, cello; Ilya Yakushev, piano (see page 3) Movie: SAVING PRIVATE RYAN , (1998, 2h 49m). Following the Normandy Landings, a group of US soldiers go behind enemy lines to retrieve a paratrooper whose brothers have been killed in action. | GR Ch 970 |

KoH TV Channel 970

Round-the-Clock: Rue des Artistes “Kaleidoscope”

3:00 pm: Mon-Fri, Feb 5-9: Talk: The Environmental Justice Chronicles, 2024

Sat & Sun, Feb 10-Feb11: Great Courses: The U.S. Constitution through History

Lecture 11: Emancipation & The 13th Amendment

Lecture 12 The 14th Amendment and Freedom’s Meaning

4:30 pm: Concert: Manhattan School of Music Sextet, 2019

8:00 p.m. Movies as listed above

Deadline for Feb 12 issue of Spotlight is Wed, Feb 7. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Mimi Abramovitz, Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

Regular Weekly Activities

| | | |
|-----------------------------|---|------|
| Contemporary Issues | Thu 10 | ZOOM |
| Drop-in Art Salon | Tue & Thu 2-4 | ART |
| Fiber Arts | 2 nd & 4 th Fri 2-4 | CRA |
| French Conversation | Fri 3-4:30. | BIS |
| Italian | Thu 11:15 | GR |
| Meditation | Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm | RCR |
| Open Studio | Sat 10 am-12 | ART |
| Poetry Reading | 4 th Wed 4:00PM | CLE3 |
| Quilting | 1 st & 3 rd Fri 2-4 | CRA |
| Spanish | Fri 11:00 | RCR |
| Tuesday Morning Club | Tue 10-12 | GR |

Staffed Fitness Center

Tue–Fri, 8:30–3:30

All classes are subject to change

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: **on hold**

Water Aerobics: Tue & Fri 10:45.

Tues. No water Class

Standing Movement Tue 10:00-10:30

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Cornhole: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Mov't & Meditation: Thu 1:15

Pool: Tue-Fri, 9–4, Sat 9–3

Guest Swim: Tue–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Press.Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 **Drug Take-**

Back Days 1st Mon, 9am-noon

For Additional Services, call ext 1030

Locations

All in Mary Powell except CLE

| | |
|------------|---|
| BIS | Bistro |
| CLE | Clermont |
| GR | Gathering Room |
| PDR | Private Dining Room |
| RL | Residents Lounge (outside Bistro) |
| RCC | Resident Care Center (T level) <u>On C Level</u> |
| ART | Art Studio |
| CRA | Craft Room |
| RAO | Residents Association Office |
| RCR | Riverview Conference Room |
| SUN | Sunnyside |

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30,
6:00 or 6:30 pm. Use Open Table on
Residents website or CATIE, or call front
desk ext 1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services

2nd & 4th Fri 4:30 pm PDR

New Resident: Judy L.

Judy will move from her home in Mt. Kisco on Monday, February 5. Judy had been an accountant in Armonk. Since her retirement, she has been an AARP volunteer providing free tax assistance to those who need help. Having no family nearby, Judy wanted her new home to be in a continuing care community in Westchester County. She was familiar with Kendal's excellent reputation and that was confirmed by several visits here. Being an avid hiker, having Rockwood Park and Rockefeller State Park as neighbors clinched her decision. A hearty welcome, Judy!

Feb 5 Memorial Service

POSTPONED The Loss Committee is sad to announce the Memorial Service scheduled for Feb 5 is postponed due to extenuating circumstances. A new date will be scheduled in March and announced in Spotlight and on Bulletin Boards.

Trips

New Trip

Wed, Mar 13: Yale University Art Gallery, New Haven CT

Collection features paintings, glass photographs, sculpture & furniture. Visit includes a one-hour docent tour (1:30 pm) & free time to explore.

The permanent collection includes more than 4,000 works: vessels from Tang-dynasty China, early Italian paintings, Borneo textiles, American art treasures, West African art masks, modern & contemporary art, ancient sculptures, masterworks by Degas, van Gogh, and Picasso.

The current exhibitions include: David Goldblatt: No Ulterior Motive" and "Thinking Small: Dutch Art to Scale." The Goldblatt exhibition is a traveling retrospective of the 7 decades (1950-2010) of this South African photographer's career. The Dutch art exhibition includes objects and paintings from 17th century Netherlands in minute, meticulous detail. Lunch is on your own at any of the nearby restaurants. *There are no lunch facilities in the Gallery.*

Short Wait List

Thur, Mar 7: Hudson River Museum, Yonkers

Wait List

Wed, Feb 14: Newington-Cropsey Foundation, Hastings-on-Hudson

Saturday Opera

Feb 11 Concert **Thomas Mesa, cello;** **Ilya Yakushev, piano**

Join us on Sunday, Feb 11 as we welcome once again cellist Thomas Mesa and pianist Ilya Yakushev. Cuban-American cellist Thomas Mesa has established himself as one of the most charismatic, innovative, and engaging performers of his generation. Russian pianist Ilya Yakushev, with many awards and honors to his credit, continues to astound and mesmerize audiences at major venues on three continents.

Sip and Snack

Feb 14 Valentine's Day joins Sip and Snack plus for a sing-along of standard love songs. Don't miss Feb. 21 Sip and Snack when we celebrate Feb. Birthdays.

Feb. 9- Low Vision Help Committee: Open Meeting

Enhancing communication between the Low Vision Help Committee and the community. Under the aegis of the Residents Association, the LVHC seeks to help and to inform residents about visual concerns. All residents are welcomed. RSVP to Amelia.

We travel next to Cyprus to witness the tragedy of **Otello** in Franco Zeffirelli's production for the Metropolitan Opera with the super cast of **Jon Vickers** in the title role, **Renata Scotto** (Desdemona), **Cornell MacNeill** (Iago), **Raymond Gibbs** (Cassio), and **James Morris** (Lodovico).

Please keep in mind that this was one of the Met's early telecasts, using technology then available. The video was restored and released on DVD in 2009.

Join us in the Gathering Room on Feb 10 at 1:00 pm sharp.

Please respect the audience by arriving on time & avoiding disruptions.

Give and Take Table

Will be open for business from Feb. 1 at 8 am through Feb 7 at 4 pm. As usual, no food of any kind, no clothing and no sharp items. The Table looks forward to your visit.