

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12/10/23	12/11/23	12/12/23	12/13/23	12/14/23	12/15/23	12/16/23
<b>Soup du Jour</b> Manhattan Clam Chowder (G)	<b>Soup du Jour</b> Beef Barley (G)	<b>Soup du Jour</b> Tomato and Leek (V)	<b>Soup du Jour</b> Hearty Vegetable Soup (V)	<b>Soup du Jour</b> Confetti Vegetable Soup (V)	<b>Soup du Jour</b> Potato and Cauliflower (V)	<b>Soup du Jour</b> Acorn Squash (V)
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Salmon Wellington</b>	<b>Crispy Fish Sandwich</b>	<b>Buffalo Chicken Wrap GFA</b>	<b>Shrimp Quesadilla</b>	<b>Braised Chicken Thighs</b>	<b>Kendal Pizza GFA</b>	<b>CBT Sandwich GFA</b>
	Battered Fried Fish on a Bun with Tartar Sauce	Crispy Chicken tenders tossed in hot sauce, with chopped tomatoes, shredded Lettuce, and blue cheese dressing	shrimp, sautéed onions & bell peppers & melted cheese in a tortilla.	Chicken Thighs Braised with Potatoes, Tomatoes, and Onions	Handmade Pizza's	Cheddar, Bacon and tomato on grilled white bread
<b>Eggs Benedict</b>	<b>Cobb Salad GF</b>	<b>Kielbasa and Cabbage GF</b>	<b>Sesame Chicken</b>	<b>Catch of the Day</b>	<b>Oven Roasted Chicken Wings</b>	<b>Chicken Parmesan</b>
Poached Eggs with Canadian Bacon on a Muffin with Hollandaise Sauce	Grilled Chicken, tomatoes, diced bacon, crumbled blue cheese, avocado, cooked eggs, chopped romaine	Kielbasa sausage and cabbage sauteed	Crispy chunks of chicken tossed in a tangy sesame sauce	Today's Fresh Seafood	Seasoned baked chicken wings	Breaded chicken topped with tomato sauce and mozzarella cheese
<b>Cheese Blintzes</b>	<b>Eggplant Tower GF</b>	<b>Spinach and Chickpea Curry</b>	<b>Vegetable Spring Rolls</b>	<b>Fall Vegetable Gnocchi</b>	<b>Penne a la Vodka</b>	<b>Macaroni &amp; Cheese</b>
Served with a Berry Compote	Grilled Eggplant, Provolone, Muenster Cheese and Tomato Sauce	Fresh Pinach and chickpeas ina creamy curry sauce	Asian vegetables wrapped in a thin dough and fried	Seasonal Fall Harvest Vegetables with Potato Pasta in a Vegetable Veloute	Classic creamy tomato sauce with parmesan cheese.	Pasta with a cheese sauce.
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>California Vegetables</b>	<b>Carrots</b>	<b>Green Beans</b>	<b>Asparagus</b>	<b>Steamed Broccoli</b>	<b>Garden Vegetables</b>
<b>Steamed Broc/Cauli/Carrots</b>	<b>Steak Fries</b>	<b>Brown Rice Pilaf</b>	<b>Jasmine Rice</b>	<b>Mushroom Risotto</b>	<b>Garlic Bread</b>	<b>Sweet Potato Tots</b>
<b>Pot Hash Browns</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Chef's Choice Desserts</b>	<b>Pineapple</b>	<b>Cookies</b>	<b>Assorted Dessert</b>	<b>Bread Pudding</b>	<b>Brownie</b>	<b>Chocolate Chip Pound Cake</b>
<b>NSA Bleuberry Cake</b>	<b>NSA Cookies</b>	<b>NSA Vanilla Pudding</b>	<b>NSA Brownies</b>	<b>NSA Chocolate Velvet Cake</b>	<b>NSA Lemon Cake</b>	<b>NSA Vanilla Pudding</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12/10/23	12/11/23	12/12/23	12/13/23	12/14/23	12/15/23	12/16/23
	<b>Soup du Jour</b> Chicken Noodle	<b>Soup du Jour</b> Vegetable Gumbo (v) (G)	<b>Soup du Jour</b> Lentil Soup (V)		<b>Soup du Jour</b> Seafood Chowder( G)	<b>Soup du Jour</b> Carrot and Ginger
	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>		<b>Special Salad</b>	<b>Special Salad</b>
	Spinach Salad with Apple/Cran/Walnuts	Roasted Beets and Goat Cheese	Classic Wedge		Arugula, Sweet Potato, and Chickpea	Pear and Goat Cheese
	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>		<b>Entrees</b>	<b>Entrees</b>
	<b>Moroccan Beef GF</b>	<b>Chicken Pot Pie</b>	<b>Kendal Crab Cakes</b>		<b>Curried Lamb</b>	<b>Chicken Saltimbocca</b>
	Slow cooked tenderloin with toasted spices, aromatic vegetables, chickpeas and raisins	Sauteed chicken and vegetables in a creamy veloute topped with puff pastry	served with an avocado tartar sauce.		Tender pieces of lamb stewed in a curry gravy.	Chicken cutlet & sage wrapped in prosciutto & pan fried, topped with a white wine sauce.
	<b>Pasta Station</b>	<b>Fillet Of Flounder</b>	<b>Beef Brisket GF</b>		<b>BBQ Pork Ribs GF</b>	<b>All American Burger GFA</b>
	0	Flounder fillet with a lemon sauce.	marinated & braised in its own juices.		Baby Back Ribs in a Traditional BBQ Sauce	American cheese lettuce and tomato on a bun
	<b>Tofu and Cauliflower Rice GF</b>	<b>Stuffed Acorn Squash</b>	<b>Palak Paneer</b>		<b>Broccoli &amp; Cheddar Quiche</b>	<b>Grilled Portobello Mushroom BurgerGFA</b>
	Sauteed tofu, peppers onions, peas, carrots, tomatoes and cauliflower rice	Roasted acorn squash stuffed with wild rice, cranberries, beyond sausage & apples.	Creamy Spinach with Indian Paneer Cheese		Broccoli & cheddar baked with a savory egg custard in a pie shell.	Marinated Portobello Mushroom with Lettuce and Tomato on a bun
	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>		<b>Accompaniments</b>	<b>Accompaniments</b>
	<b>Mixed Vegetables</b>	<b>Roasted Brussels Sprouts</b>	<b>Braised Fennel and Carrots</b>		<b>Steamed Corn</b>	<b>Roasted Vegetables</b>
	<b>Green Peas</b>	<b>Cauliflower</b>	<b>Steamed Broccoli</b>		<b>Roasted Parsnips</b>	<b>Steamed Carrots</b>
	<b>Barley Pilaf</b>	<b>Smashed Yukon Gold Potatoes</b>	<b>Brown Rice Pilaf</b>		<b>Basmati Rice</b>	<b>Roasted Potatoes</b>
	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>		<b>Desserts</b>	<b>Desserts</b>
	<b>Key Lime Pie</b>	<b>Rocky Road Cake</b>	<b>Fresh Fruit</b>		<b>Coconut Custard</b>	<b>Baked Apple Pie</b>
	<b>NSA Apple Pie</b>	<b>NSA Cherry Cake</b>	<b>NSA Lemon Loaf</b>		<b>NSA Blueberry Cake</b>	<b>NSA Chocolate Pudding</b>